

Light Beings: Good evening.

Group: Good evening, Light Beings.

LBs: We welcome each of you and any questions that you might want to start with to get the energy flowing.

Question #1: Last session you said some people choose the path of fear so that they can see the opposite. Do they have an option during the same lifetime to change, or do they live the lifetime out and play fear out to its fullest extent?

LBs: It is much as your school system is set up, if you want to learn your algebra, then you do not have to go through a second time, or a third time. You are able to move on to something of a higher nature, into your solid geometry, or your trigonometry, or your calculus. And it is much the same with any kind of polarization; one chooses fear to learn the opposite, that of love. But they must experience the fear to the point that they recognize that it is not what they want any longer to participate in, and at that time will start looking and searching for answers, and become aware of what is happening when they let the fear rule them. And they will begin to learn from those experiences. And as they learn, they can, yes, make the changes that are necessary and not have to experience the fear any longer. Some may choose many lifetimes, because it is lessons that they need, and they are not absorbing the lessons enough to be able to move forward and be able to eliminate particular ways of doing things. So, it is entirely up to each entity how fast or how slow they move, and it does not matter to the universe, and the soul has an option to move as slowly as it likes.

When one reincarnates into a body, there is, of course, the "not remembering." Part of the process of growing and expanding the consciousness is once again "remembering." And so, as one begins to grow, one begins to remember what the soul wants, what the soul is--the essence of the being, of the entity. And as that remembering takes place, then there is an awareness. And once the awareness is present, then yes, they can see that they are being ruled by fear and begin to make the necessary effort to create a different kind of environment for themselves so that no longer will the fear rule.

Q2: Some personal concerns about the writing of a book.

LBs: It would be helpful for you to realize that--. First, let us say that you need to clear your energy somewhat, because you are bringing in other people's ideas, as opposed to your own at this time, and it is creating some confusion for you. So we would recommend that, first, you clear your energy field of others and their ideas, so that you may listen to what your soul is saying, and so that you can speak from the heart, and from the soul, as opposed to speaking from the intellect so much. And that will give you the ability to bring out the creativity that is there for you, and you will be able to relate the ideas in a way that will speak to people in a more direct manner. At this time you are taking a lot of ideas and mixing them in such a way that it is not going to be clear to the reader as much as it should or it could be. So clear your energy field first, and then the ideas will flow much easier for you and you will be able to relay the information in a way that will be more of a . . . we won't say a step by step, but more . . . an easier way for one to follow what you are trying to say. Does that help with what you are asking, or do you need something different?

Q3: How do I clear the energy field, and what are the key ideas that I need to include in the book?

LBs: To clear the energy field, you need to clear your mind. It is difficult for you. Let us try to explain what we feel is a dilemma for you. It is difficult for you to have the confidence that your own ideas are valid, and so you tend to bring in others' energy, and you are not really clear what are your ideas and what are others. And when we say "clear the energy field," we are saying learn to be quiet, and clear your mind through meditation or through anything that will get you on the path of not thinking consciously, even if it is just listening to music and letting the ideas flow. Lie back on your couch and let a piece of music that is inspirational to you, or feels good to you play in the background, and just allow the ideas to come, as opposed to trying to think it through. So that is what we mean by "clearing the energy field." Allow the soul to speak, rather than letting the intellect constantly tell you what to do, because that is what is creating some of the confusion for you, is that you are pulling ideas from others and not really listening to what you are wanting to say.

As far as your key ideas are concerned, are you really wanting to express what others are saying, or are you wanting to come up with something creatively new? Are you willing to step out and present some of the ideas that are sort of playing around in your mind at this time? That is the decision you are going to have to make in . . . in making your, as you say, "key ideas." You are first going to have to determine which way you are going to go. Are you going to expand on what others are saying, or are you going to step out and use some of your own creative theories?

What we are saying to you is that when you are thinking about writing at this time, you still are thinking more about how others have written, or others' ideas about approaching such a book. We are saying that you can step out and approach it in a more creative manner, in a way that will speak from your soul, and then that will touch people, as opposed to looking at the way others have done it, or even looking at what others say about what you should put in the book. That is what we are saying. We feel there is confusion there for you that you first need to clear, and are you willing to step out and say who you really are? Do you see what we are saying? Until you can decide that you are either going to do it from a factual basis, or the view others give you, or that you are going to step out and say "Okay, my soul is going to speak this book." That is going to take more courage because it is going to be from an angle that is going to expose you in a way you may not quite be ready to do. Do you understand? Speak from your soul.

Q4: There is no time for me to lie down on the couch and listen.

LBs: That will be necessary to clear your energy field, because in that energy field there are elements that are preventing you from seeing clearly how you should present. What we were saying is that, without your realizing it, there are energies that are dictating, more or less, how the approach should be, and you are not really aware of that. And that needs to be cleared, and then your soul can speak.

We can give you a method that would be helpful in getting started. If you would simply try, even if you just take 15 minutes a day, to clear your energy field, and then write down the first ten sentences that come to your mind and lay them aside, within a week you'll start to see a pattern. And that will be helpful to get you started.

Q5: Is it true that if a lot of people that are close to someone have preconceived notions about that someone, and even if they are not expressed openly to that person, their thoughts affect that person's energy field?

LBs: Yes, that is correct, and that is much of what we were saying at this point. When you are living in an environment with others there is always an interchange of energies. That is why

it is of utmost importance that one watches ones thoughts, because those thoughts are an energy that goes out and must find a home. And when you are in an environment with others, whether it's a work environment, or a home, or family environment, or with friends, or even in a restaurant, you are intermingling energies, because the force field around each of you, the energy field around each of you, is a fairly wide field. And as you present thoughts, those thoughts go out in the form of either fear or love, and they affect anyone who is within that field. So, as we explained before, you could be driving down the road feeling absolutely wonderful, and all of a sudden you get almost a downward spiral and begin feeling depressed for absolutely no reason, and it may be the simple fact that someone passed you who was in a horribly, angry mode, and you picked up on that energy. So, yes, the energy of others definitely affects.

Q6: How can we avoid receiving this negative energy? By being aware of it? Is surrounding oneself with light a way?

LBs: Yes. Becoming aware, and protecting yourself, or putting light around you, is definitely one of the ways. The best way is to remain open, and try to keep your thoughts in an unconditional love mode, as opposed to a fear mode. That's the very best way to keep the energy flowing outward, because love flows outward, and fear pulls in. So, that is your best way. But everybody is open to negativity when it is a very strong energy, but it doesn't mean you have to absorb it. You might feel it and realize that you are feeling something, but you don't have to take it within. You can immediately then transpose it through your own thought processes, through your opening of your heart chakra. So it is quite simple then to remove that energy. But there is no way to completely avoid it in close proximity with people because you are going to pick up on their energy. That is why it is so very important that when you are interacting with one another, when the anger does flare, when words are spoken that are of a nature that is detrimental, that you respond as much as possible from a viewpoint or a thought process of love. And that is not always easy, of course. But if you can do that, you will find that very rapidly the energy changes.

One of the things that we would like to explore with you over time is this idea of energy. Because it is extremely important to understand that everything that happens, that appears of a negative nature, or of a dark nature, is not one of those things that happens instantly, but is usually something that builds over many thought processes of fear. What we are observing that is happening on the earth plane at this time is coming from many, many years of fear being put out into the energy field, and it is manifesting through what you are experiencing at this time.

Q7: Positive energy is really important to counteract this?

LBs: We don't like to use "positive" and "negative" in that particular respect. And the reason for that is we would like to use more the ideas of "light" and "dark," as opposed to "positive" and "negative," and "love and fear," because the "positive" idea is more of an intellectual kind of process. People think positive. And someone can be thinking very, . . . or think they are thinking very positively, but their gut is fearful. They still are allowing fear to enter, even though they are consciously trying to think positively. So do you understand that difference?

When you feel yourself becoming fearful, try to understand and realize that you are very capable of being safe, even if you don't have a body. And once you can understand that you are safe regardless of what happens on the dense planet, the fear will simply dissipate. And that is a process of growing, an expansion of awareness that takes time for one to usually recognize. But once you recognize that there is absolutely nothing that can destroy your soul, you are able to open from the heart chakra, and the fear will no longer be able to control. That

is something that requires some effort on your part, to learn how your thoughts may be throwing you into a fear mode, or how other's energy may be throwing you into a fear mode.

Q8: Is there ever any circumstance where fear would be considered to be appropriate or advantageous, not cautious and prudent, but fearful? And would it be correct to say that masters have no fear?

LBs: You are correct. Masters and avatars have no fear because they have recognized that there is nothing to fear, that there is nothing that can destroy. And yes, there is never a time that fear is to ones advantage, it is always the polar opposite of love, it is always a withdrawing as opposed to an expansion.

Q9: When you say to "come from a place of love," I understand, but when you say, "come from a place of light," can you be more specific?

LBs: The soul responds to light as opposed to darkness, to the vibrational flow of light. So when we say "come from a place of light," we are saying that if you can sense the expansion of your energy field to incorporate all color, it becomes light, and it then dissipates anything of darkness. Darkness cannot exist with light. So we are saying if you can learn to experience the light, then fear will never be a part of your emotional feelings. Does that explain what you are asking, or do you need more explanation?

Q10: It is still not entirely clear to me.

LBs: Maybe this will help . . . and perhaps it will only confuse.

[Group laughter]

LBs: As one's vibrational level rises in the physical body, there is actually a lightness, a less dense body. Once one reaches a certain point of vibrational level, when you leave the dense body, then you exist as light because you do not need that denseness for you to continue your existence. So, when you enter different dimensions, you are simply a light. You are no longer-- this is very difficult to explain in a verbal kind of way. It is something you almost have to sense. But you are light. That is what your basic essence is. And when you can expand that from within the dense body, you raise your vibrational level. And the more you can raise your vibrational level while you are in the dense body, the more you are able to stay in constant touch with the Source.

Q11: I feel when I am clear that it is like walking out of a cave into the light. Is that what you are referring to?

LBs: Yes, you are sensing then that what is happening with you is that your vibrational level is raising, and you are truly lighter than you were before the experience.

Q12: I feel my lens on the world has been focused, and my perspective is on a higher plane of reality...

LBs: Correct. Yes. And that is why the word "enlightenment" is to become "of light." And the more that you can expand and open to the light, the more you continue to expand. And you can truly reach a point where you no longer have boundaries, and you can tell no difference between you and those that you come in contact with. You feel a oneness with all that is of light. And that's when you truly have become of light, when you can experience the oneness to

that extent.

Q13: In the last session, when you were speaking of what we could visualize for the people in New York who were looking for those who were still buried, you said to surround them in light. You didn't say specifically, white light, you just said "light." So, were you meaning a clear light, or were you meaning white light? Or is there a difference?

LBs: You can call it "white" light. When you are visualizing it, if you can visualize it, it is much as your halogens almost expose. That kind of clear, white light, if you want to call it that, if that helps you visualize it better.

Q14: It is transparent?

LBs: Correct. "Light" is transparent, it is never opaque.

Q15: When you are visualizing any color it should be transparent?

LBs: They are automatically, as you send them, of that vibratory transparency, yes.

Q16: Fear is usually taking you out of the moment. Would you agree with that?

LBs: Usually fear is originated in the thought. And yes, that usually is the situation, although there is a fear that can come from . . . from being faced by a tiger! And one fears what that tiger may be getting ready to do. So that is a different type of fear. But even that fear would not be present if you were not afraid of death, or afraid of physical pain. So it takes a master or an avatar, usually, to reach that point, and it is difficult for any of you who have not reached that point to understand even how someone could stand in the face of that kind of exposure and not feel fear, because most entities do not want their physical bodies to hurt!

[Group Laughter]

LBs: So, that is a different-- You are not being driven by fear. That is more of the ego saying, "Wait just a minute, I don't want this body torn up." That is not the kind of fear we are talking about. That is more of what ____ was talking about as caution, where "I don't believe I'll stand here and let this tiger tear me up. So I'm going to run. I'm fearful of that." Do you understand that difference? So, truly, it is almost as though you need another word for that because that is a different kind of fear. That is preservation, as opposed to being driven by a fear. As you are saying, a thought that determines you have something to be afraid of what is going to happen to you. Does that help clarify that?

Q17: It does. I was trying to bring out that there are different ways to clarify fear, define it in different ways.

LBs: It is of the earth rules that the ego protects the body.

Moderator: Does anyone have a problem with taking a break now, since it's been over half an hour?

[BREAK]

LBs: Welcome back.

Q18: I have a question about numerology. Concerning the tragedy recently, a lot of people have been looking at the coincidences involving the number 11 surrounding that event. Is the number 11 significant?

LBs: You are delving into something that is much more complicated than just answering that particular question, so we will try to preface it by saying that all numbers have a particular vibration, and therefore, any time anything happens there is a vibration attached to the particular number element, everything from one's birth date to a date such as you mentioned for an event as happened on the eleventh. Eleven, also, does have a significance, but you have to take the entire date for it to give you a true vibration of that event. So you can't just look at 11 by its self, because you have both a month and a year that is involved. But 11, many times, is a culmination of things that have happened up to a point, so it is like an ending. And in this particular case, as we have said before, the fear element of thoughts was there for many, many weeks and months before--even years before the actual event transpired. And so, it truly was an ending of a series of thought processes, of fear patterns, that brought it to that point. So there was some significance in that respect. Does that help you understand how numerology plays in? It is much as astrology. It is much more complex than just being able to say it is a number and means certain things. For instance, a soul comes in with a birth date, and you get that vibration. But then it is given a name, and that name also has vibrations. And then there are other elements that play in from the astrological. And then you have your environmental vibrations that come in, and your belief systems from the cellular structure, from cellular memory. So there are so many things that played into September 11--everything from the fear thought processes of the people who were in the buildings themselves, to the people who created the crises with the planes going into the buildings. And each of those people carried a certain vibration, a certain number vibration. So it is much more complex than what you say, but yes, there is some relevance to the number 11.

Q19: Thousands of people worked in those two structures, and there had been an attempt to destroy them years previously--I think 1993--and I would think anyone working in those buildings after that would always live with the unstated fear that something could happen again. Did Bin Laden and his group, or whoever perpetrated that event, intentionally, with conscious foresight, decide on 9-11 to do that? Or did it just happen to work out for the eleventh because the vibration fit in with that?

LBs: Actually, they did have some feeling about that particular number, so yes, that was an intentional date picked.

Q20: Because of the emergency code number 911?

LBs: Not as much because of that, as because of some of the other elements that played into that particular date.

Q21: Numbers carry a certain vibration, as does energy in general. The food that you eat has vibration, and cells--everything has vibration. Numerology and astrology are just two facets out of a possible influence of many, and I think that is the reason why you have to use appropriate discrimination when you use tools of that nature, because it may be just one facet, one influence out of many. Is that correct?

LBs: That is absolutely correct! The reason one enters the earth plane for experience is because there are so many different elements that can play into the choices. So, even though

one understands when they incarnate--they do not remember, but before they incarnate, they understand they are bringing in certain vibrations through their birth date, and a name that is chosen for them. And those are vibrations that they carry through their entire life. And there are other things that also come into the personality and the ego and affect the way the soul is relating to those (the personality and the ego). So it is not so simple as to say you can take the astrological chart and you can tell a person everything there is about them. Yes, you can explain much about who they are and what they brought into the earth plane at this time, but you could take someone with almost an identical astrological chart and you have to enter in their environmental and their societal influences, and their cellular memory influence also, to get the complete picture. And that is what many times oracles, people who predict futures, people who get so heavily into astrology that they do not make a move before consulting it, do not understand that there are many more influences than just those two vibrations.

Q22: It's virtually impossible to take everything under consideration.

LBs: That is why it is so necessary for one to understand, and try to expand the soul, because the soul can take in all factors and understand and compute, and make the right decisions.

Q23: The soul is the greatest oracle?

LBs: Absolutely. Because the soul knows what is best for the learning.

Q24: I'd like to ask something about reincarnation. Do you always reincarnate and come back as a child or can it be in like . . . say like an elder person?

LBs: That is an interesting question, and the answer is not going to be maybe as clear as you might like, but let us try to explain. The normal way a soul enters is through a new body, because it is coming to experience and learn, and the way it does that best is through the process of growing and becoming an individual. And it gets the opportunity to form a particular kind of personality and a certain kind of ego to experience certain things that it wants to experience in that particular incarnation. But there are times when a soul enters a body for another reason, and that will be usually for a brief period of time when one soul is ready to leave, has done what it has come to do in this incarnation, and another soul still has some unfinished business. They may decide to have that mutual exchange for a period of time.

Q25: A walk-in?

LBs: That is what some people do call it: a walk-in. It does not happen very frequently, but it does happen, and it is done by mutual consent.

Q26: Is the personality ever aware of this?

LBs: There are times when the personality and the ego understand that something is a little amiss, but it is not quite apparent. There is a not remembering, just as there is a not remembering when you enter a new baby's body because that would defeat the purpose, if there was a remembering.

Q27: Are you saying that these walk-ins are permanent, like a 60-year-old might have a change of soul, or are you suggesting that a walk-in might come in for a period of time, like an hour, and leave?

LBs: That normally does not happen. It usually is an agreed thing between the two souls.

Q28: A permanent change?

LBs: Yes. And again we say that does not happen very frequently, but there are times when that does happen. When a soul has finished with the body and another soul still has something they want to accomplish and the environment, the situation, is perfect for that learning, they do come back in. Usually it will be someone who has left early, because there are many-- In each entity's life, there are usually three, four, or five different times that they could exit in their life. And those are choices that can be made.

Q29: What determines how they decide if it is the right time?

LBs: By what they feel they have accomplished. And this is usually at a very subconscious level; it is not something someone thinks through, obviously. But because of certain environmental factors or certain situations, one may decide to leave earlier, because they decide they have done all they can do with maybe a body that is not working properly; or perhaps they have had enough lessons that they no longer want to continue existence. For one reason or another, they decide they want to stop the process. So, it is entirely, usually, up to the individual when they want to exit, but they usually are given the opportunity more times than just once.

Q30: Then it is always a choice?

LBs: Absolutely! Always your choice; it is the choice of the entity that is in that particular body.

Q31: In the World Trade Center, so many people were able to get out, but yet we had so many thousands that didn't. And that was their choice?

LBs: That is correct. That is a very difficult thing, to balance that with the sadness that you feel for that loss, because you could not say to the average mother who has lost her son in the tragedy that he chose to leave; that would be very difficult for her to accept unless that was of her spiritual belief system. But yes, each entity chooses its time to leave.

Q32: But not at the level of the personality. The personality doesn't--

LBs: Absolutely! No, the personality and the ego... The ego will always fight to keep you on the earth plane. The ego would never agree with the soul on that.

Q33: But there were probably many of those who left who had a sense, maybe had some sort of premonition, while there were others who had no awareness or expectation of that at all?

LBs: There were some who had enough contact with their soul that they recognized that they would be living not a completely long life on this planet. Yes, there were some who recognized that, but many of them? No. They did not recognize at a conscious level that it was time to leave. They made the choice because ultimately they sacrificed their lives for what came out as a horrible tragedy, but has in many, many ways changed more people than could ever have happened with thousands of ministers, or thousands of books, or any other method of trying to connect with people. It has changed so many lives that would not have experienced that change without that sacrifice of those individuals.

Q34: In that regard, I heard on television today that the FBI is now saying they have information that there is going to be another attack of some sort in the next few days. Isn't there something that we should or could do to try to influence the outcome of that in some positive way like sending positive energy out right now to minimize the effects of the drama that will take place? Is it appropriate to try to influence, or is it better to let these things occur for their own purpose? Do you understand my question?

LBs: Absolutely, we understand what you are saying, and it is definitely appropriate to send light, to--whatever your belief system is, whether it is prayer, meditation, whatever that belief system is--to send that kind of energy, because it can definitely change the course. It is not necessary for the human being to experience what was experienced on September 11. The reason that it was experienced was because the thoughts, the processes, the fear had become so great that there was not enough light to counteract it. But with enough of that kind of energy moving forward, it can be diverted. It is not necessary to have to experience that kind of loss, that kind of total destruction. So, always it is important to do, as an individual, what you can to send out the kind of energy that could help change the path. Do you understand?

Q: Yes.

LBs: And perhaps it will not be enough, or perhaps it can be.

Q35: It can influence some; maybe not all, but it will have some influence?

LBs: Absolutely! Absolutely!

Q36: You had talked about sending pink light, various lights to large cities and areas like that. Can you actually influence the entire globe, by visualizing the entire earth surrounded, say, in pink light, or gold light?

LBs: With enough entities doing it as a unified effort, it definitely can influence. It is much as healers who are trying to heal someone with cancer. Perhaps the disease itself has deteriorated the dense body to the point that it would require a longer period of time than that body has to correct the situation. But by sending the light, even though you might not be able to cure the dense body, you are able to help that soul make the transition. And so, the same would be true of individuals sending light in the face of any tragedy. Even if you can't divert the complete act, you may be able, through your attempts at sending the light, to soften the blow somewhat in various ways.

Q37: If you want to influence the perpetrators of the drama but don't know where they are, and don't know what they look like, can you just set an intent that your energy is going to go in that direction and it can reach them?

LBs: Correct. Just simply send out pink light to the entire world, the entire planet. Surround the planet with pink light and then surround the planet with white light and continue sending out, from your heart, thoughts of unconditional love, understanding that these souls who have made a choice to destroy, that it is not the soul itself that is acting, it is the personality and the ego that is encasing that body. And so, you may be able to reach the soul. And even if you can't divert the action, you may be able to help that soul understand at a greater level what choice they have made.

Q38: Isn't it also true that "God sends only angels"? Aren't, to some extent, those souls making that choice also for a greater purpose?

LBs: That saying is more what we were saying in that when something of that magnitude happens, then it changes so many other lives, it opens their consciousness in ways that would not have been possible. And so, that is more or less what that saying would be, meaning not that the people who did the flying into the towers are angels, but that they have created a learning for others.

Q39: But doesn't the soul at some level make the choice to take that role for that purpose?

LBs: The soul is not making that choice to destroy, but the soul has decided to experience the darkness.

Q40: You can learn lessons in many different ways, and the soul will create the scenario or the opportunity. With sufficient awareness, you can go through learning experiences without having a lot of suffering, but if not at a certain level of awareness, it will play out according to each individual's fear level...

LBs: There will always be polarization on the earth plane, because that is a part of the learning. And there will always be that darkness and light. But you do not have to participate. You do not have to play out your script in the darkness. You can play it out in the light. That does not necessarily mean that you won't bring into your energy field things that are of not particularly a pleasant nature, but you do not have to suffer. You will simply experience and understand that it is for the learning. And so, even though you may feel pain of loss, or of physical pain, you will recognize that it is all for the learning, and you will not take that into your ego and expect your ego to react, but you will let your soul absorb the learning. Do you understand the difference there? You can take two entities, and one that is coming from fear will experience the exact same script as the one coming from love, but it will be experienced in such a different way that the one coming from fear will suffer and suffer greatly and the one coming from love will know the pain but not suffer. Can you get that difference? So even though you may be experiencing things that are not of a pleasant nature, or frustrating or difficult, you go through it without suffering.

Q41: You just let it pass through. You've taken the learning and you let the incident go. Where as the ones coming from fear attach meaning to it, and then keep thinking about it, and replaying it, and suffer over and over again.

LBs: Correct. You are not attached to the outcome. When you are not coming from fear, there is no attachment to outcome.

Q42: So therefore, the soul would never leave the personality or the body and step aside? It would always be there?

LBs: The soul never leaves the body, if that is what you are asking, but sometimes the ego and personality become so strong that it absolutely refuses to listen to the soul and the soul has very little say in what happens.

Q43: If the soul never leaves the body, does that mean the soul is with the body from the point of conception, the sperm and the egg?

LBs: No. Sometimes the soul doesn't even decide to stay in the body until maybe two or three months after the body has been born. It comes and goes.

Q44: The body can exist without the soul then? Some of the people who crashed a plane into the building, would their souls simply leave, and these people act simply on blind personality and ego?

LBs: Sometimes when the soul recognizes the body is going to be destroyed, it will leave, yes. But when we say the soul comes and goes in a newborn, a new baby, it is much as what an adult might experience as astral travel. There still is a connection to the body, but it comes and goes, because it still is trying to decide if it is going to stay. And it normally does, but there are times when it decides not to stay.

Q45: And then the child dies?

LBs: Yes. And that is more or less what the crib death is about many times.

Q46: Not another walk-in at that stage?

LBs: No, not necessarily. Normally walk-ins, as you call them, are more of an adult nature because there is a particular learning that that soul wants to experience. And it usually is not for a long period of time at all.

Q47: The soul would go to all that trouble to create this body and then just decide not to go through with it?

LBs: Well, understand that sometimes a soul is ready to incarnate and then circumstances change.

Q48: They are not the ideal circumstances it was looking for?

LBs: It is not going to be what it needs for the learning. Sometimes it can be as simple as that the mother and father had something that happened to them that made them change, and so it is not going to create the kind of environment that they had anticipated was needed.

Q49: So that is one of the first options to leave. You said there are many options to leave, to leave the planet.

LBs: That is correct; yes.

Q50: Can the September 11th incident have a positive, loving, global outcome? . Did this happen for a reason?

LBs: The reason this happened was because, again, the polarization had become so strong, the fear had become so strong, that it manifested in the manner you saw on September 11. But what did come of that was the raising of consciousness of many, many individuals, expanding them and opening them to the source in ways that they might not have opened as quickly. So, it did create--again, it's the polarization. It did create a greater . . . when we say "love," it sounds so simple, but love is not a really good word. "Expansion" is a better word. "Contraction" and "expansion" are better words than "love" and "fear." It expanded individuals. So, any time you have great contraction, then, you are going to have great expansion. So yes, there were, as you wanted to say, "positive" energies that were created from this "negative" experience, if you want to put it in those terms.

Q51: More of a feeling of oneness, as opposed to divisiveness?

LBs: Yes, there has been, a greater unification, a greater recognition of individuals, a greater recognition of . . . “nationalism” is not a good word, because it, itself, divides people, so that is not a good word, but it creates a greater oneness with a group of like minds, so to speak. And so, it has created a greater awareness of being of one and with unified goals, so to speak. So, you are absolutely right in that it has globally caused people to recognize and become more aware of the necessity of opening to others and joining others in a group effort. We don't mean necessarily a group effort to retaliate. That's not what we are talking about. We are talking about the group effort to move forward from such a tragedy.

Ultimately, when one begins to expand, one recognizes that everything that is in their environment is by choice. And so, many people are beginning to recognize that a lot of what happened was because of choices; choices that were made months and years ago--in both domestic decisions about how things were handled in other countries, and how other peoples were handled, as well as how choices were made at a local level.

Q52: Obviously in our day-to-day lives, we can't constantly, twenty-four hours a day, send this energy; so, is it possible that energy can be time-released, or is it just during the time that they are actually sending it?

LBs: Once you send the energy out, it doesn't dissipate; it continues. All energy continues. So, if you send it out, if you think of it at ten o'clock in the morning, it is still working at ten o'clock at night. It is a continuous thing. It is an energy you are sending out; you are almost like clearing a field. You will soon come to understand that even a thought is never lost. It continues. Any energy you send out is a continual energy.

Q53: And if you do it again the next day, does that just make it more?

LBs: It makes it greater, yes. It compounds it. And that is why, if many do it, it is much stronger.

Q54: Thought just repeated, or thought with emotion and conviction behind it? Are they equal?

LBs: No, they are not. Any time you put emotion behind it, you are creating a greater energy, and not necessarily a better energy, but a greater energy.

Q55: That is why fear is such a powerful thought form?

LBs: Exactly, because normally an emotion sets the fear up. That is what creates. First you have the thought or the emotion, and then the fear is manifested.

Q56: Personal question concerning one's work and service.

LBs: You are one of the many that is questioning at this time if they are in the correct work to be of service. And let us assure you that at this particular time in your life, you are doing what is needed, and the service will be automatically a part of that if you let your soul speak. The difficulty many times in the work environment is that the ego steps in, as far as making decisions, and it makes it harder for the soul to do the service. But you are basically in tune with your soul most of the time, and you feel a little frustrated at this time because you see what you are doing as being a little more mundane than spiritual. But do not be discouraged about that because your essence is affecting many who come in contact with you, and you are not

aware of it. You have a peacefulness about you that exudes out, and those who come in contact may not know what they are experiencing, but they carry it back with them. It is an energy that you give. It is a gift. And so, that is part of your service, is to--The people that you come in contact with are experiencing more of your essence, and if you can open even more and allow even more of that part of you to come forth, you will be able to affect those who come in contact at a greater level. And so, do not be frustrated at this time, because there are other things that will develop in the next ten or twelve months that will lead you onto a little bit different path, and it will be a little more fulfilling for you than what you are experiencing at present. But you are where you should be right at this time.

You have a gift of teaching. Are you aware of that?

Q: Yes.

LBs: Please use that as often as you can. It does not have to be in a structured environment. You may do it just in conversation with one. You have much to give in that area.

Q57: Is there something more fitting I could be doing with my life at this point to bring money in, or should I stay as I am for a while? Is there something else I could be doing, or be aware of in this regard?

LBs: As we said, you are—and there are many-- You are not the only one in this particular position, where you are doubting that you are creating enough energy to come to you. There is a great deal of learning to be had about how to create the energy of money, and you are a little bit confused yet about how to bring that to you. So, that is why we are suggesting that you stay where you are at present, until you can clear that energy a little bit, because when you make your next step, you are going to find that if you have cleared that confusion about the energy of money, you will be able to bring to you a greater amount, because it is going to be needed for what you want to do with your life. And so, you need to make a clearer . . . make that a . . . we won't say a "goal," but make that a clearer effort on your part to clear that energy of thinking about what money is about and how you can bring it to you, because at present you are not seeing completely the way that you could bring it to you in an easier manner. You are still thinking--and we are saying thinking, not feeling--that money needs to be worked for and there must be a struggle to get it. Examine your thoughts about that.

Q58: Is there anything in particular I should be aware of or focus on?

LBs: What we are saying is to examine your belief systems around energy and money, and then you will see clearer how you can correct what is disturbing you at this time.

Q59: 'Maetraya' has some particularly, exquisitely, wonderful significance to me. Maetraya being the name I use for one of the ascended masters, in addition to Jesus. I was looking for any further understanding, or how to assist in Maetraya's mission.

LBs: You, again, have the ability to open in a way and experience unconditional love, and that stream of light, that you occasionally feel through your connection with this higher source. By opening to this as often as you can, you will begin to get information that you can share. Open and remember what you hear. It may be necessary for you even to make notes very quickly after you have certain enlightened thoughts, because you are in somewhat of an altered state when you are in that particular situation and you may not remember clearly. But you are in direct touch many times--often--and you will begin to get some information that you need to share through your teaching. That is part of the mission. Does that help?

Q: Very much.

Q60: Moderator: Light Beings, in closing, is there anything you would like to say concerning anything discussed evening?

LBs: We are always glad to join with you. We hope what has been said tonight has been helpful to open you and expand your consciousness. We would like to suggest that each of you spend some time this coming week with your souls, sending light, because your planet needs it very badly in this particular time and each of you chose, when you incarnated, to join those of light, and the more of you who begin to open to that, the easier it will be for this transition that the planet is going through at this time. So, use your energy in that direction. And any of those that you feel comfortable sharing that information with, ask them to join you in sending this light, because the more that can send, the greater chance there will be for the transition to be less detrimental to those of the body.

Thank you for joining us tonight. We look forward to joining with you again.

[End of session]

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