

Light Beings: Good evening and we welcome you tonight. The energy seems very sedated. Not, as sometimes, when we feel that it is less cohesive. But for this evening it feels as if most of you are in a rather sedated kind of energy, and we hope that you will be able to remain in somewhat of a relaxed state so that you can receive the information and the energy in a way that will be to your benefit. We understand that you do have a lot of new faces tonight. And those of you that are here for the first time, we hope that you will be comfortable in participating and asking for any information, not being concerned that it might be a question that has been asked before, because many times we find it necessary to repeat simply because so many times one does not listen. So do not mind asking anything for the second time.

Question #1: Can you talk a little bit about the function of the ego?

LBs: Yes, the ego is really not understood particularly [well,] especially in the United States. Because of your psychological background, the ego has many times been declared as that part that perhaps doesn't – it keeps the ego separated from the spiritual in a psychological kind of evaluation. And so, it is set aside as something that you would presently look at, perhaps, as just personality. And it truly is much more than that. The ego has a very important place in an entity's existence on the Earth plane, and should be respected, and also appreciated for what it is there for. In your religious factions many times, the ego is supposed to completely – or in your spiritual communities – the ego is supposed to step aside and not participate. Someone with an ego is seen as not having a spiritual embodiment. But that truly is not what the ego is about. And the ideal situation for an entity is for the ego and the soul to be able to shake hands, so to speak, and to work together, so that the ego steps in and helps protect when it is necessary. For instance, an ego would keep you from walking in front of a car when the soul would not be so aware that it would be important to keep the body. So the ego is more in tune to what the body needs, while the soul is more in tune with what the spirit needs. And if those two can work in unison then it is a being that works with their power, and is able to be all they can be. Many times what happens is that the ego becomes fearful. And when the ego works from fear, that is when many times you have your hostility, your jealousies, your rages, your angers – the many kinds of emotion that are not of benefit to an entity. But when the ego is able to feel safe and be able to dispense of its fear, then it can move one forward in a way that is beneficial to that entity. Do you understand? And so, it is necessary for both ego, and soul or spirit to be in an entity for it to function in an "all that is" way. But the one thing that must be considered is that because of the environment one is usually brought up in, one's ego is many times developed through fear. And so as you work towards walking your spiritual path, it will be necessary for you to many times look at those fears and allow the ego to acknowledge them, and then be able to dispense with them as you work through the issues, because that is just normally the way that a human baby is brought up, is to learn fear, and then the ego becomes unsafe. So all we really are saying in all of this is that the ego is as important for the body on this planet as the soul is for the body on this planet. They both are necessary parts of the whole. Does that answer your question? ["Yes"]

Q2: From about April 3rd to May 3rd (2003) there seems to have been a lot of energy coming into the bodies on this planet, especially mine. And for a good 3 ½ weeks I wasn't able to get very much sleep. Can you talk to that and give me a reason why that might have been?

LBs: There is another shift going on, and it actually started a little earlier than when you began feeling it on the planet, and it will increase or be present, this particular shift, until about the middle or end of May. And then, of course, you are going to experience a little bit of a lull. And then come Fall, you are going to have the privilege of feeling another shift, another jolt. But what happens when this happens to the planet itself, or when this shift happens, is the physical body

reacts, especially those who are making their own shifts. And so it feels as though you are almost like you are wired, and you will wake up many times between 3:00 and 4:00 in the morning, because that is when-- the terminology used is the veil-- is the thinnest. But in reality, what happens is that is the time that is easiest for you to be in contact with other dimensions. And so the body responds to that and has difficulty then going back to sleep because of information many times being fed at a subconscious level. And so you are truly getting information and not being completely aware of what is happening. And of course the other thing is those of you who have chosen to walk a path of light in this incarnation are needing to make some real adjustment in your bodies, because the body is a reflection of the soul. And so, it is going to be necessary for you to be more and more concerned about what you put in your body, what you allow your mind to focus on, and how you treat your body in general. Because if you are not aware of it, then you may get a jolt yourself through either perhaps not feeling too well, or having an accident, or something to get your attention. So it is wise for you to be very aware that you are making some pretty drastic cellular changes, and honor that.

Moderator: One second, Light Beings, can Joyce have a drink, or does she have to come out of channel? (Joyce takes a drink and comments about her body not being at its best tonight, then returns to channel)

Q3: Is there anything that we can do to consciously pick up what that information might be?

LBs: Yes there is a way that you can start bringing it to the surface. There are several things that you could do. One of the very easiest ways of course is to state before you go to sleep at night that you are open for the information, and perhaps one of the easiest ways is through the dream state. So, many times you will get a very profound dream – it may not seem so profound until you start looking at it. But as you begin to analyze the dream and take apart the segments of it, you can begin seeing what is really being told to you. So that is one way that you can get information in the beginning that you are not quite ready to accept consciously. You see, many times the soul knows something far earlier than the body and the ego itself is able to accept, because, again, of the fears that surround the ego of what might change about one's life if one accepts certain things that they are presented with, especially those of you who are beginning to open to other sources of information. And as you begin to open to that, there is a certain amount of fear that is involved, and so it comes easier through dream states sometimes, in the beginning. So start with that, and then as you progress you will begin to get little blips of what you might recognize as intuition and that will also help give you some answers. But you must be conscious of it and be willing to hear. And many times what happens is one gets the intuition, or one gets something presented, but you refuse to hear.

Q4: I have a question about visionary plants. I've recently had some amazing experiences with Ayahuasca while in Peru, and I'm writing a book about it. But there seems to be a really big split. I understand that you have to be very psychologically integrated to be able to use visionary plants as a sacred tool, but there is a real split in the spiritual community about some people saying you never need that kind of thing to access other dimensions, or spirit, and those of us who have found it to be an incredible rocket ship to heaven and hell... I'd just like your opinion about the sacred use of visionary plant substances.

LBs: As you know, plants were used many thousands of your earth years ago quite frequently to center oneself and create an opening to receive information that was not readily there for you without a lot of long initiation and working through, because at that period of time things did not happen quite as quickly as they do now in your ability to transform. And so it was used quite frequently for that information to separate that wall that is there between this planet of the world

you presently live in – the denseness – and other realms, other dimensions. And then, there were many changes, and fear became a great part of the human element, more and more it was not used because there was not enough grounded-ness in the entities. And so, many times there would actually be a split, and one would become what you would presently psychoanalyze as schizophrenic. And so it got what you would call a bad rap, and became less and less used. And of course, then, as the Earth time passed, it was almost never used except in some of your indigenous tribes, and was never used really in your Western cultures for any kind of real spiritual work. When it was used, it was more for the excitement of it until some of your researchers came along a few decades ago and began explore once again some of the different plants and their uses, and how they could open doors –doors of perception – doors that no one could seem to get to any other way, at least not in such a short period of time. What we would like to really say about the plants, the visionary plants, is that it is not recommended for everyone for many different reasons, but the main reason is it is very difficult for many people to remain grounded when they have participated in such a plant. And if that is the case, then they may bring back some psychological residue and have difficulty really understanding what is real and not real, and so it can either become almost an addiction to wanting to be in another world, or it can psychologically disturb one. So we would only say that they are very powerful, and they can open doors in a way that spiritually cannot be done very easily in other ways. It has the ability to clear the path, so to speak, quickly and easily, but one must be ready for that and have a very good grasp of both worlds. And if one has that ability, then it can be an absolutely phenomenal experience for one and bring one closer to being able to understand and perceive more of what is not of the dense planet than perhaps any other way they could find. But it is important that one recognizes one's limitations, and not involve one's self if they are not well grounded. Does that help? ["Yes, thank you."]

Q5: Would that be primarily contingent on how many issues one had worked through?

LBs: Yes, that definitely would be a part of it. But also, it would have to do with how – there are many types of personalities and some types of personalities have more ability to separate and come back together in completeness without any difficulty. Those that participate, for instance, in astral travel, and do it by command have learned how to then come back into the body without it being detrimental. But those that sometimes do astral travel and don't have any command of it, or no control over it, find it very disturbing and sometimes psychologically disturbing, and it is that same kind of thing. And it has to do with personality type. For instance, one that brought much earth vibration into their astrological chart would not have as much trouble with it as one that had a lot of air in their chart with no earth. Do you see? So, it's the vibration of the person that is going to be using the plant. That would have something to do with it also, and how spiritually evolved one is.

Q6: Presumably the higher evolved, the more positive the experience.

LBs: That is correct. And not just the more positive, but the better perception one has about why they are using it, and the ultimate end results.

Q7: Could you speak on unconditional love and where discernment ties into the expression of unconditional love?

LBs: Let us say first that unconditional love is a state that is most difficult for a human entity to experience all of the time. Because when one experiences unconditional love, they are in a vibration with absolutely no expectations of any outcome in any interaction, and so that becomes very difficult when you are living on a day-to-day basis and interacting with others for

many different reasons. But when you truly are experiencing unconditional love, then you are in such a state – a vibrational state – that your energy is expansive, and there is no expectation of anything coming back to you. But as far as discernment is concerned, if you start judging what unconditional is, and this happens many times because one begins – the moment it comes into your mind, “is this unconditional love or not?”- it probably is not. And, when you are asking how discernment plays into that, it is a different situation. There, discernment is used more for recognizing what kind of energy you want to work with, or bring into your field, or be a part of. And when you are working within unconditional love, that’s not a question, you just are. When you are in unconditional love you are just being, and so you are not discerning anything. Do you understand what we are saying? [“Yes”] And so, there is a lot of discussion around discernment and your idea of unconditional love. But when you are truly in a state of unconditional love, you are simply being all that you are. So there is nothing to discern, or not discern. But discernment is very important in other areas of your life, in your spiritual growth.

Q8: Does that connect back to the ego, and what you were talking about?

LBs: Both the ego and the soul need to be discerning, because if you recognize that certain things change your energy, and it means that you must truly have to work on being, then obviously that is not to your benefit as a human entity. So if you aren’t discerning about what you bring into your field, you are setting yourself into a situation that could create difficulty for you. Do you see? And of course, there are times that you can’t be discerning. If you are walking through a mall it is very difficult to be discerning about who crosses your path. And you may get some energy thrown at you that is not at all what you would like in your field. And you can feel it once you become sensitive to what energy is about, and recognize that is not an energy that you would normally bring into your path. But it is hard to be discerning. But you certainly can be when you have the ability to choose what you have around you. And it is not just other people’s energy, but discerning about your own thought patterns, because that is truly one of the most powerful areas that you affect other people.

Q9: Your thoughts?

LBs: Yes.

Q10: But what about our roles as a therapist, teacher, or some other role of authority that interacts with another person? There are social and legal lines one shouldn’t cross just because of the overall idea about the roles that people play. I say this in relationship to unconditional love and discernment. Am I being clear?

LBs: Yes, we do understand exactly what you are saying, but what we would like for you to try to grasp--and this is very difficult because of your society rules that have been set up for eons-- When you are in a state of unconditional love, you are a complete entity, a balanced soul and ego, and your energy field is such that there is absolutely no threat to whoever is coming into your field. And so we understand what you are saying. If you are a therapist, for instance, there are certain things that you can and cannot do because of the way your client, your patient, would respond. And so you learn those rules and regulations. But that has nothing to do with that core of unconditional love. And that energy will wrap around, expand into, the other person’s energy field and all that will do is open them so they feel safe. The discernment steps in when you recognize as the human ego that you are in that state of unconditional love, but you do not manifest it physically. Do you understand what we are saying? Because this is one of the dilemmas of those that finally reach that unconditional love state. It is easy to fall in love with anyone that comes in your path. Because the ego steps in and confuses that openness, that

total energy field expansion, and then it manifests in a physical way, and so all of the sudden you recognize that you are having some sort of attraction towards someone. And in reality all it is, is that they are so open, and you don't feel all these barriers that are normally there. (End of tape)

[BREAK]

LBs: Welcome back. And we will be glad to open with the question that we were in the process of answering if you have further questioning.

Q11: Would unconditional love simply be acceptance of all things in all realities?

LBs: Acceptance is probably not the best way to describe unconditional love. It actually is of just being, and when you are being all that you are in your essence, you are accepting what is, but not necessarily accepting – how can we say this because it gets a little bit, sometimes there are not good words to explain what we would like to say – because unconditional love is almost impossible to truly describe in words, because the minute you try to describe it, you are putting a box around it and therefore you are reaching a point of having to use words like acceptance. But actually, if you are 'standing' in unconditional love, you are vibrating that particular frequency, and so you are just being all that you can be – all that you are. And therefore what comes to you, there is no judgment attached to.

Q12: What about opening your heart to everything around you, and your mind sensing and integrating that it is all complete and the way it should be? Is that judgmental, or is that part of unconditional love?

LBs: When one's heart is completely open, the energy field expands tremendously and there are, again, no barriers between you and all that is, whether it be a bird, or a tree, or a fellow human being, or your perception of any of these things. You are just opening up and allowing the love to flow back and forth. So when the heart is open, that is a part of what – the physical, well not the physical – but the Earth's spiritual part of what unconditional love is about. But we understand what you are saying when you are saying "is it judgmental?" The moment it comes up into the thinking processes, then usually the heart closes a little bit and there is not as much acceptance, or as much expansion.

Q13: I see plants, trees and insects in our plane of existence as being in competition with each other for scarce resources. As they devour each other do they experience unconditional love? What do they experience?

LBs: That gets a little bit more difficult for us to explain again in words because love is not exactly what you would say-- in that they are a part of the source and they never feel the separation; and so it is an acceptance of what is on this planet. There is no fear attached. You see that creates the separation for man from the entities that are embodied in what you call the human form. What creates that separation is fear, and that is not present in a tree or an insect in the same way that you experience fear. They may recoil, their energy may recoil from something that is going to destroy their body, but it is not fear as you perceive fear, because they are already a part of all that is. And so once they recognize that their body is going to be devoured or used for another's source of energy, there is an acceptance of that and a giving into the all that is. Do you understand what we are saying? There is a difference there. But because you have the thinking processes that go on constantly, and feel fear around that...

Q14: They are not attached to the corporal existence?

LBs: That is correct. Not in the same way that the human form is attached. They certainly would not stand still while you made an effort to capture say, an animal, or an insect. But it is not from the kind of fear that the human entity experiences. It is more of a reaction to an energy field that is not comfortable for them. They are moving away from an energy field.

Q15: Do you think part of the problem for all of us trying to grasp unconditional love is the fact that we use the word "love," because that is a human emotion? Maybe unconditional love should be called unconditionality, because it seems to me it is a state where there is no humanness projected onto it at all. It isn't at all anything we can think of in terms of human emotion. It just is.

LBs: That is correct, and that's why we said it's impossible for the human to stay in that state for any period of time because the emotional field is always present with the human body on this planet, and so it is very, very difficult to maintain that state for any length of time at all. And it is a state. That's what we have tried to explain, it's an energy state as opposed to, as you say, "being in love." Being in love has a whole different kind of energy because it has conditions attached to it. No human being ever loves another human being in such a way that they state it as "I love you" without there being some condition attached, because that is part of the denseness of the planet, and the rules that occupy the planet. It is an attachment that gets involved. And with unconditional love, and you are accurate in that it's probably not a really good way to state that condition, but if we use the term unconditional love, it is a state, one that there are no attachments to any outcome at all. It is being. It is a state of being of your essence.

Q16: You said we couldn't stay in unconditional love because of our attachment to the emotional body?

LBs: That is correct.

Q17: However, I do remember an earlier time you made the comment that a Master had very little connection to the emotional body. So, ideally then, when you achieve a certain level in your growth, the emotional body can still be present, but you can be at a place where you are not connected to it. Is that correct?

LBs: Not nearly as connected. Even with the masters themselves, there are times when the emotional body does interact. Even if you go to your Biblical readings- if you remember the Christ had a scene in the temple where he actually showed much anger and at other times much anguish. And so there was some interaction with the emotional body even as the avatar he was. So it is very difficult to maintain the dense body and be completely unattached to your emotional body. But the more spiritual, the more in connection with the source that you are, and the more you remember that connection, the less you are attached to the emotional body. The less it rules your actions.

Q18: I have a lot of passion about a group of people doing counseling, massage therapy, Reiki, or any combination of modalities working together without spiritual competition, without feeling like "Oh, well, if I refer you to the physical therapist, then you won't come back to me." What can you say to any of us that would help break down some of the barriers, the fears that people have about actually working that way with each other, actually honoring and encouraging and helping everybody fly in their own modality, even if it is the same thing that you do. What can you say to help people get past the competition barrier?

LBs: We do understand exactly what you are asking, and let us go back to the discussion about ego and soul and what happens when the ego and soul basically shake hands and give equal balance in a human body. It is that the pure intent then flows forth in an easier manner. And once pure intent is recognized then competition, as you say, no longer is available because it is not necessary. There is no fear attached to the safety of one, because that is what creates competition – or when you think of competition as you are putting it, not as in a sports arena. That's a little bit different. And that word probably is not even a good word for that kind of situation. But when you say competition between one person and another, it truly is more a fear of inadequacy. And as long as that fear is present within one, and one has not allowed the soul to also have equal billing so to speak, then it is more difficult for the intent to be pure, because there are hidden agendas going on always.

Q19: I noticed that a couple weeks after the Christopher Tims' workshops the attendees, having had time to integrate, would have more clarity. Their issues would surface more, but there was that clarity in honoring their own essence, and not feeling that threat as much with other people.

LBs: Yes, and you are going to see more and more, as we mentioned before, you are really at that hundredth monkey syndrome, where those of you that have come on this planet to work in the light in this incarnation are truly making some phenomenal raises in the energy and vibration of the planet, and as this happens, more and more groups are going to come together much as you have and begin to work in unison as one, and so there will not be this being afraid that someone else is going to have more to offer or gain more. This is happening all over the entire planet now, there are groups that are coming together, and when they are doing their healing work of any kind, the main concern is the person they are working with. So, whoever has the best therapy or healing method for that particular energy at that particular time or perhaps a combination, then that's what will be used. And it will be of no concern whether it is person A or C or person F that is doing the work. Or maybe all three will work together, and it will bring about a healing that has far more consequences than one vibrational energy can do. So you are going to see much more of that as people become more clear within themselves about their own intent, and get rid of all of the underlying hidden agendas that have been going on for centuries in the various modalities.

Q20: Will this be able to be carried on in the world of business or the world of international affairs?

LBs: It will be slower to impregnate those areas simply because you are dealing more again with egos that are out of balance, egos that are running the show so to speak, and there is a lot of fear surrounding those egos. But you will see in some areas leaders in corporations and international groups that will be able to speak their truth from that place where they are balanced and then you will see some great movement and a lot of results in a short period of time. One of the reasons in your Native American and other indigenous groups, your Shamans are so powerful, is because they do not recognize that underlying fear of being less than, or the inadequacies, because they are trained, some of them from birth. With some of them it is a line of heritage, and so is an accepted thing from very early on, and they have not built around them that competitiveness that goes on outside of those particular areas.

Q21: I'm going to Sedona and I am hoping to visit some power vortexes or power spots that are located in that area. I've actually attempted to familiarize myself with the electrical phenomena, and I'm interested in finding out whether there is a particular vortex that we should seek out like

the Kachina woman, or the Boynton Canyon, or the Bell Mountain. Is this opportunity going to bear fruit?

LBs: The vortexes with this kind of energy around your planet, and there are several of them, have a tendency when you are exposed to them, if you are open, to do some clearing for you so that you can get clarification and remember some of who you are that may have been hidden for many lifetimes. So, it does give you that opportunity, but you need to prepare yourself through either meditation or prayer and clearing as much as you can before you go into these areas. And go in as much as possible with the open heart and with no preconceived ideas about what you are going to experience. You will not necessarily feel anything at that moment, although some do feel the energy, but it is something that you will be receiving, and then even later it continues to manifest itself within you. So this can be very powerful – any of these different ones. So simply go within and go with the one that feels right for you for that day, because it may be different the next day. [“Thank you”]

Q22: There has been a signal coming into the planet, from the core as well as coming from outside, as 1.63 Hz, which is the hertz of the golden mean. It has been measured by several people around the country. Can you share any information with regard to how or what that's for?

LBs: It's going to be discovered in a relatively near time that there are certain vibrations such as the golden mean that are a part of the individual programming within each entity's soul as well as the planet itself. There will be many sacred geometry resonances that will begin to develop and come forward and be discovered as well as this particular one that you are speaking about, and it is part of the process of opening and remembering what the core essence of your soul is about. It is a part of the 28,000-year cycle that you read about, and it is not necessarily what you are reading or hearing about as much as it is that there is an unlocking – probably the best word we can bring forth – an unlocking of information through these various vibrations that are going to bring, or going to open various entities that have chosen to come and incarnate at this particular time in this 28,000- year cycle to develop and bring to the planet a healing, but also an expansion that is very difficult to truly explain. It would be much as you are trying to explain the manifestation of the avatars that can truly be in two places on the planet at once, or can manifest objects in their hands from nothing. It's that kind of energy that is going to be remembered on many levels and be able to be activated through these particular energies. And the golden mean is integrated in both the DNA structure of the human body and through many areas of the planet that it is going to activate a type of opening that will truly change what you recognize now as consciousness.

Q23: Do you have a time line on that?

LBs: It is actually beginning to happen with some rare individuals now. But will become much more predominant within the next 20 to 30 years, although you are hearing the 2012 number. And that is because that will be what you will see more or less as the quantum leap where many more people will have received that activation.

Q24: Do we seek out these energy vortexes and thus clearing, to clear our own energy vortexes, so that we may experience the divine within?

LBs: So that you may remember that you are the divine.

Q25: Is there anything you would like to say in closing Light Beings?

LBs: This has indeed been a joyful gathering because it is very clear to us that there are many souls in this group who are on a very high path moving forward, and we commend you all on your work. And the energies can continue to expand. And in your daily life you are affecting people with your energy everyday with the way that you are able to give of your beingness. So we commend each of you that are on that path and will be more than happy at any time to work with you in any area that you feel that you need some clarification.

Q: Thank you Light Beings.

LBs: Thank you and good night.

[End of session]

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