

(We apologize that some of this reading's tape was inaudible.)

Light Beings: Good evening.

Group: Good evening.

LBs: We welcome you, and we hope that with a small group that you have tonight your energy will build and you will find yourself open to receiving information and be willing to ask anything that may be on your mind at this time in this particular vibrational shift that most of you are experiencing. So we will now open for any questions that you might have.

Question #1: I believe that intention is the most important ingredient in all the many different healing modalities. I notice that as a new healing technique comes along that the presenters claim it is the "best" thing. And I find that all the ones I have used have benefited me in some way, so they are all "good." Is there one that is somewhat superior to others?

LBs: You are absolutely correct in saying that the most important thing is intent. We have talked many times about pure intent. That is more powerful than any techniques that ever can be learned or used. In the past, many years ago, when people used what you would now see as "laying on of the hands," being able to heal, their intent was pure enough at that time to be just as successful as any of the modalities that are coming forward today.

The reason many times that some of the modalities were not shared by everyone but were kept in what you might now look at as "secret society," or passed from one to the other through special symbolologies and special techniques, was because the consciousness was not at the level that is presently becoming—rapidly, we should say, becoming—present in everyone that is open to being, to accepting the new energies that are coming through. So that is the reason you are seeing so many different modalities now, because as we have spoken before each individual has their own ideas, their own patterns, their own codes, their own belief systems. And it is much the same reason that there have been many different religions. For instance, one person will resonate to a very strictly structured religion and be able to open and worship, so to speak, in that way - where another likes a much more open, liberal kind of approach - and be able to open to the Source in that way. And that is the reason for many different religions.

It is the same with many different modalities now of healing. One will resonate to one kind more than perhaps another, but there is very little difference as far as one being better than the other. The energy all comes from Source. And if one is not of pure intent, it does not matter what technique they learn. It can be Healing Touch, it can be Reiki, it can be hands on, it can be Lo Ho Chi, or many of the others that you could mention; and without that pure intent, they're not going to be able to bring that energy through. But with pure intent, they will be able to accomplish much by giving their . . . by opening themselves to that energy to come through. It is all from the same source.

Q2: Hello, Light Beings. I was at a meeting recently where a woman channeled, I believe, Anne, Jesus' grandmother. She said there is no "evil" and people have changed its meaning, if I understood her correctly. Could you explain what this energy really is?

LBs: You are on the planet of polarity, and in that polarity one many times perceives something that is of less light, as what you will label "evil." It seems to be an entity's necessity to label things, and that is one of the things that is limiting you now because it is very difficult for you to be able to open, to be able to grasp the new concepts, even, of the quantum theory, because

you want to label something. And so in the religions especially, in the earlier years, it was to their advantage to label certain things as "evil" to convince one that one might . . . that one's demise might happen if they were a participant in evil, and so by doing so, were able to control the masses. And that is originally where the idea of evil was presented was through religion.

Those of you who work in the Light recognize that there is a definite polarity. There are many things that happen on your planet that are not of the Light. But you also recognize that you attract to you what you resonate to, and by being Light yourself, you will be able to many times divert something that would appear to be of darkness by simply being of Light yourself. But there will be pockets—and you will find this more and more now as the polarities are greater—there will be pockets of areas on the planet that will appear to be what many will label as "evil," but simply are less Light or not of the Light.

Q3: So when you say "polarity," you are meaning that the showing of the light in the darkness is becoming more apparent?

LBs: Yes. It is becoming more definite in many areas so that the greater the light becomes—
[Inaudible]

Q4: Light Beings, we've talked in the past about people that have a problem with energies in their immediate field; their watches will stop, lights go out, computers go on the glitch. Some people are more prone to that than others. Joyce recently sensed that some people have been like that most of their lives, as far as affecting the electrical and magnetic grids around them. Is such an entity completely connected in all normal respects to the earth plane?

LBs: Yes. Many times what happens when one incarnates, they become aware fairly rapidly that they really might not want to be on the planet completely. They do not completely incarnate, in other words. They don't ground themselves. And so, they have a tendency not to be able to manage their energy. When you are grounded, fully grounded, and you have recognized and honored the fact that you have chosen a dense body and you are completely in that body, you're able to manage your electrical field. You are able to manage the energy force around you. But many times if you have not grounded, you will tend to affect the electrical things around you because you are not managing your energy. It's like a power surge. And so, it will blow light bulbs or electrical appliances or . . . And many of you have experienced that, and if you will look back when you have experienced it, [it] has been when you have made a vibrational shift and you have not grounded and not learned to manage the new energy. Do you understand?

Q5: I don't exactly. I know a lady who says she's been like this since she was six years old, and that's before these recent vibrational changes. Are you suggesting that there is something in her normal make-up, as far as whatever that is that's an entity's attachment to the earth plane that is not completely coherent? You say you need to be "grounded." In my understanding, that means getting into the dirt, finding something mundane that you like to do.

LBs: When we say, "grounded," we mean getting into the body, the dense body.

Q6: Are you saying the electromagnetics of her grid, her aura, is not completely grounded into her body? Is there a missing link, or a lack of a coherency?

LBs: Let's start from a different aspect and maybe you will understand a little better. When you incarnate onto the earth plane, the soul's essence enters into a dense body. That soul many

times is not completely... How can we say this so you can understand it? It is one of those things that is very difficult to explain in words, but when the soul enters the dense body there is then developing an ego as we have spoken to you many times about. And so, most of the time what happens is the ego becomes rather prominent, the more forceful of the two when it begins to develop, and the soul is in the background, so to speak. But it [the soul] is grounded in the body. It is in the body. It recognizes the limitations and the density of the body. But it also recognizes that the ego is a part of it [the body], so it is more of a cohesive entity. But there are many, especially those that tend to walk the spiritual path, that get the idea that the existence away from the earth plane is better than the existence on the earth plane, and they live outside of their bodies much of the time, creating discord in their auric field, their electrical field around them. Do you understand?

Q7: In other words, the personality's desire, and maybe the soul's desire, is to not necessarily be in the physical, and so there is a conflict in the energy usage?

LBs: That is correct...No, not the personality. The personality is more connected to the ego. But the soul many times will, because it is painful . . . If a very sensitive soul incarnates and finds themselves in a particular situation that is not of their . . . that they do not resonate to, their soul does not resonate to, and they haven't learned the skills yet on the earth plane to create a balance for themselves; they may well live outside their body most of the time. This causes illness, or this can cause, as we said, the electrical surges. It can cause a lot of difficulties for one. And it happens rather frequently with those that walk the spiritual path because it is easier not to live on the earth plane completely. Do you see?

Q8: Could this also happen to a soul which incarnates and is not ready or willing to do that which it has signed on to do in this lifetime?

LBs: That could possibly play in. But many times what happens is the soul incarnates thinking... realizing before it incarnates what it has chosen to do and has chosen its environment; but when it actually enters the body and begins to experience, it's not the fun they thought it was going to be [some group laughter], because the earth plane can be very dense and difficult and limiting. And if the soul doesn't enjoy that limitation, many times it will find ways to escape, not completely be in the body. And that creates electrical discord. If you ask the person that you are speaking of what happened to them around the age of six, there could very possibly have been something traumatic that caused them to realize, "Uh-oh. Don't think I like this earth plane."

Q9: I have recently been trying to be more present in my body. I have been calling in all parts of myself. I was told recently, in another channeling, that my Higher Self had sort of removed itself and was busy doing other things while I was trying to handle this new job that was very difficult for me, so I have been trying to call in all parts of myself, including my Higher Self. I have observed that when I do this very emphatically that I do feel more present. I am more aware. My mind is clearer, but I am also aware that there are parts of myself that are fearful. And so, I've been thinking there are parts of myself that are removed. Is that what you are talking about?

LBs: That is correct. That is correct. And you will find many times that once one becomes aware, it is still not so easy to bring those separated parts back in because you have lived in that pattern for such a long time. And it doesn't affect everyone the same way, but you can usually tell if one is not in their body completely, spiritually, by the way their life works for them. Does this help? Do you understand me?

Q: Yes.

LBs: Yes.

Q10: Or should you say the way their life doesn't work for them?

LBs: That's . . . it's working the way— You see, there are many earth rules that spiritual people like to ignore. They like to pretend they don't exist. And so, that is one of the reasons that many spiritual people have money issues, have difficulty bringing abundance to them, is for a similar reason, is that they have not connected— If you remember, we have talked many times about how necessary it is for the ego and the soul to shake hands and become partners; and so, when one is ruling and the other allows that with no real input, it causes an imbalance in the body in one way or another. It may be not working with the earth rules, so there's not abundance or there's ill health, or there's all sorts of various imbalances that are created because they do not work together.

Q11: In that respect, without being too personal, can you give me some guidance with respect to my employment and financial situation? I'm trying to bring all the parts of myself into the present and be more in the Now; work more smoothly, but I'm having a difficult time with it.

LBs: Yes, and we'd like to speak to you on a private level about this because there are some very personal reasons why you are having the difficulty you are having, but we can say generally, to give you a little bit of an answer right now, that you are at a crossroads of . . . Your soul is finally saying I have had enough and I am going to speak my piece now. And sometimes when that happens there must be chaos before there can be rebuilding, because everything you have believed up until now has not worked. You are having to restructure your entire belief system.

Q: My belief system?

LBs: Your belief system. And you are just now grasping that that is going to be necessary, and we can talk to you in depth about that in a private session.

Q: I have a question. Hello.

LBs: Hello.

Q12: While reading Neale Donald Walsch's book *New Revelations*, I sensed there is a lot of discussion now about a split in ideologies. He has a new book now called *Tomorrow's God*, and I'm starting to notice that everything has a split in ideology. But it seems to be accelerating.

LBs: Yes, and part of the reason there . . . There are two reasons for that. One of the things, as you know, that is happening is some vibrational shifts that are going on, both on the planet itself and with individual entities. There are shifts going on. There is much consciousness changing and consciousness opening, expansion that is making a lot of changes in the way things are working. And so, yes, there are some real splits between the ideologies that have worked before and that are now becoming more of an accepted way of looking at things. And a lot of the reason for that is the bringing to the forefront the ideas of holograms and quantum physics and [inaudible] the scientists and the physicists are beginning to accept that, yes, there is something much more powerful that cannot be seen than has been recognized before.

And so, there is a lot of confusion in the general population because many of the ideas and the belief systems have been completely destroyed. They no longer work. And so, you are going to see the split between those that are holding on for dear life to those old belief systems of solidity and of structure and of things being built from the ground up, as opposed to the new way of thinking—that what you respond to is what you bring to you and how you can change the universe by the way you think; and that thinking is as much of an energy as the electrical current running through wires. So, there is much change in the way people are thinking, and you are going to see a complete split—those that are going to hold onto the old ways and those that are going to be able to understand and accept a much broader, expansive way of being.

Q13: Is this going to be like a bubble that's going to pop? Because I sense that it could cause a lot of upheaval and a lot of violence.

LBs: You are going to find that many that hold onto the old ways of thinking, old methods of doing, may become quite angry at the changes because they create fear within them. They do not understand. They do not want to open to understanding. And so, yes, that is a choice that many may make. But as we said before, there will be pockets of the kind of "upheaval," as you say, or of concern about holding to the old ways, but then there will be pockets of people that will – communities, even, of people - that will accept and work with the newer way of thinking, the way that is in much closer contact with the Source.

Moderator: We're going to take a break now, Light Beings. Thank you very much.

LBs: Thank you.

[BREAK]

LBs: Welcome back.

Group: Thank you.

LBs: Indeed, you have changed the energy. It is much more cohesive. There is much less, shall we say, static. You were when you first arrived, perhaps ... There was some discord in some of you that came in, and now we feel that much of that has dissipated so you should be very clear for questions now.

Moderator: J. had a question she wanted to ask.

Q14: In taking care of my elderly father, I feel I am beginning to have physical problems myself, and I wonder what portion of what is going on with me is real and what is imaginary. Am I building this up, or is this really as serious as I think it is? Could you give me some guidance as to what is going on and how I can better deal with it?

LBs: Let us say that from our perspective nothing is ever as serious as the entity usually thinks it is, because it is the perception usually that creates the discord for you. However, in your case there are definite changes going on within your environment, within your father, and so that is not imaginary for you; but the way that you react is going to be; . . . [is going to determine] whether you're going to come through this without physically finding yourself in perhaps not the best circumstances. So if you can, back away from it enough to recognize that much of what you are responding to is not just of this moment but of the past—and we can speak to you about

this more in a private way—but in the past. And so, you're connecting, not staying completely in the Now. If you really want to be able to ride this out with a lot less difficulty on a daily basis simply try to remain within your parameters of that day, not looking forward, and trying to disconnect from your reactions of the past. Do not judge. That's going to be the most difficult part, is to not judge. So if you can be aware of that it will help you get through this period with much less difficulty.

Q6: Thank you.

Q15: You've talked many times about entities coming in with specific lifetime purposes or things they want to accomplish. To what extent, or how detailed does that play out? If I incarnate with a general assumption like, "I'm going to be a teacher in this lifetime," or "I'm going to be a healer in this lifetime," is playing that role going to allow me the most soul growth, whereas if I don't follow that path, if I choose something else, does that mean that I won't be able to evolve as much?

LBs: First, let me, let us remind you that it is not necessary to label everything. And that's what you're doing when you say, "I'm going to be a teacher," or "I'm going to be a leader," or "I'm going to be a politician." That is not a purpose that your soul would choose when it comes, when it incarnates. What the soul chooses is that of learning how to expand and how to experience joy. And many times that will appear through the path that is chosen. But many times one does not recognize, or is not willing to let the soul speak, and the ego takes over and decides what the purpose of life is to them.

Q16: Yes, and of course I understand that in the broadest sense that's true. The soul is only interested in what's going to grow it, what's going to expand it.

LBs: That is correct.

Q17: Then is that the soul's only agenda?

LBs: That is correct. And this is one of the things that . . . If those of you who are trying to walk a spiritual path, and you're constantly questioning what your purpose is, and are you on the right path, and are you doing the right work; that within itself is not important at all to the soul. All the soul is interested in is expanding and experiencing joy. That's the purpose of the soul, however you do that. You can dig ditches on a daily basis and be just as spiritual and be walking your path just as much as if you would have taken a ten-year degree and become a medical doctor and heal. You can touch just as many souls by your Being. Do you understand?

Q: Yes, I do.

LBs: And so, many times it is misunderstood - that because one has chosen a path of what they see as service, or one has chosen to heal, or one has chosen to be a teacher - and they perceive that they are more spiritual because of that choice. But that truly is not what Being of spirit is about. Being of spirit is being in contact with the Source and living that contact.

Q18: So anything else other than that would be coming from your ego, is that correct?

LBs: That is correct. Now, many times if the soul and ego can work together, one's purpose will become apparent very quickly, one's way of being able to expand in the greatest degree.

And those are the people that you see that are full of joy regardless. And when we say "joy," that is not the same thing as being "happy", of being constantly...

Q: Excited?

LBs: Yes. That is not what we're speaking of. What we're speaking of is that no matter what one finds themselves in, what kind of situation, there is this inner part of them that is experiencing joy, and in a greater depth. Do you understand that?

Q: Yes, I do.

LBs: So they may be in a circumstance that is not necessarily pleasant, and one may look from the outside and wonder how that person is dealing with life, but within them they are experiencing joy because they are expanding from the experience. Do you understand?

Q: Yes.

LBs: So, what your purpose is? Your purpose is to Be.

Q19: But haven't you always said we need to consider the ego also, and what its purpose is?

LBs: Yes, absolutely. The two need to work together. But the ego, remember, is here more than for any other reason to protect the entity, to protect you, to keep you from walking in front of a car, to keep you from doing something that is going to be damaging to the body.

Q20: It can also give the soul some direction, because without ego, you would have no direction. Is that correct?

LBs: That is more or less correct, yes. Yes. The ego is the manifestor, if that helps you understand.

Q21: It channels the energy of the soul?

LBs: Correct.

Q22: It would have nowhere to go otherwise?

LBs: That is correct.

Q23: No direction.

LBs: Correct.

Q24: So the soul says, "I want to be happy," and the ego says, "I'll show you how"?

LBs: The soul says, "I want to experience expansion and joy, and how do we do that?" And if the ego is working with the soul, then the process will be such that there will not be this conflict and there will be manifestation. When you see problems with manifestation, it is because there is conflict between the soul and the ego. That's when there are problems with manifestation.

Q25: And the only time that occurs is when the ego is not really working in the best interests of the soul, is not creating the atmosphere or the environment to grow to maximum amount. If you're growing and expanding your soul to the maximum amount, and that's what your ego is facilitating, then you know that's what you should be doing; that's your path, whatever that is?

LBs: Yes, and what stops the growth is fear. The moment fear becomes a part of the ego, then the soul is not allowed to expand.

Q26: Well, that makes the question of life's work really simple, I think.

LBs: That's correct. It doesn't matter what you do. It does not matter what you do on a day-to-day basis. What does matter is that you have this unification. Without conflict, you can then manifest.

Q27: Would Gandhi and Martin Luther King be examples of this kind of harmony?

LBs: Very much so, very much so. And neither of them had an easy life. If you go back and really read their history, you will find that their lives were not simple, and they were not easy. They had many obstacles and much difficulty. But there was an inner knowing that they were manifesting what they came here to do to experience expansion and joy.

Q: Not only for themselves, but for others.

LBs: You see, when you are actually being all you can be, you affect every energy that comes in your . . .

Q28: Sphere.

LBs: Exactly.

Q29: But some of these people were assassinated. Our culture sometimes kills people who are living life in harmony.

LBs: No, they only take the body away. Remember?

Q30: Well, this is problematic, is it not? (Laugh)

LBs: Well, that depends on what your viewpoint is. If you are living . . . incarnating and living your purpose, then when . . . If you will look back at the histories of these people that became martyred, became . . . that lost their lives, the very fact that they lost their lives affected millions of people. So even within that act, they were able to influence and able to manifest things. Do you see?

Q31: Like Jesus, like Muhammad...?

LBs: Yes, that is correct. And of course, what causes this kind of action is fear. People fear what they do not understand. People fear so many times this light because it is not understood by them.

Q32: Is that why God has had so many messengers?

LBs: The question is?

Q33: It seems like we've had a lot of martyrs and a lot of saints and a lot of people like Martin Luther King, and we're still not getting the message? Are we not?

LBs: When you say "we," there are many, many that get the message. There are many that come here knowing the message. And there are many that forget once they incarnate. And fear becomes their actual; what they listen to. *It is only fear that creates any difficulty on this planet that you live on. Only fear.*

Q34: And so, would fear of joy be our greatest issue to deal with?

LBs: It is much more complicated than that. What happens when one incarnates . . . When one incarnates initially, there is pure joy; but as one begins to be coded and develop patterns and be limited by experiences, many times fear will become the ruler of the ego. And until one can be aware of that...And it is a choice, it is a choice whether you really want to recognize that or not once you become aware that you have that choice to carry fear in the mind, in the thought patterns, or joy or love in the thought patterns—you cannot have both at one time—and you have the choice to replace thoughts.

Q35: It's an energy?

LBs: It is an energy.

Q36: But the people like Martin Luther King were assassinated, I think, not because they were being all they could be, or manifesting through joy, but because in the process of doing that they were trying to change the status quo. They were trying to change how things were, things that gave a sense of security to some people who then felt threatened. [The rest is inaudible]

LBs: Creating fear. Creating great fear, because if their world were changed, then [inaudible].

Q37: If you change their world, then their existence is null and void?

LBs: Because their existence is tied up with their ego.

Q38: But also, concerning those historic figures, you say it doesn't matter what we do, but I would think that those people must have come in with a more specific purpose, and for them it did matter what they did. They had a particular path?

LBs: They came in with the ability quickly to work with the ego and soul together. Any one of you, if you can get that balance, can make a huge difference within your realm of activity, within your realm of contact, and it will ripple out.

Q39: I feel like I'm a butterfly in a cocoon, ready to make that leap and come out, just fly and jump out of the cocoon.

LBs: Yes, and this is very true. If you help a butterfly when it's struggling out of the cocoon, it will not be able to fly because the wings will not be strong enough. So you must have the struggle many times because that makes you stronger. It helps you learn about manifestation. It helps you learn how to choose love over fear. Do you understand that?

LBs: Beings incarnate, entities incarnate, to experience, and there is not a single one of you that in some incarnation has not experienced the darkness. So do not be so determined to judge what is happening in other areas that you are not participating in, but recognize that there are experiences available to every single person that is in those situations to choose love or fear. And many times situations will come to you that seem unfair or seem very difficult, but it is giving you the opportunity to grow enormously, expand enormously through that experience if you can choose love instead of fear.

Q40: [inaudible]

LBs: Fear is contraction and darkness; love is expansion and light. It's just that simple.

Q41: But you can't have one without the other, can you?

LBs: Not on the planet you've chosen to live on.

Q42: So we use the darkness [inaudible] as a tool to learn how to love [the light? inaudible]?

LBs: Absolutely. Absolutely. You have many, many chances for that to happen. Some people have chosen very, very difficult lives and have chosen love over fear and have influenced the world through that choice.

Q43: [inaudible] 9/11 [inaudible].

LBs. That is absolutely correct! There have been many, many people affected by that and [they] opened their hearts much quicker and in a much more expanded way than would have happened without that experience. So you are absolutely correct. But that was their choice, you see. And then there are others who contracted and became very fearful that it would happen again or that there would be more terrorists or some sort of disaster that will come upon them, and so they are living in contraction and fear; again their choice.

Q44: Very inaudible questioner's comments about a very young grandson who upon seeing pictures of Castles and Knights offered very real impressions and accounts of being there and the pure joy he felt.

LBs: He is remembering. He is simply remembering. He is remembering a period that he existed in that . . . that he understood, as you say, that "knighthood." He understood that and the joy that he felt when he was receiving that knighthood...Yes, he was remembering—.

Yes. And you are going to find that even in your own [inaudible] now, that you are going to be pulling from other lifetimes much more frequently. You may not be quite aware of what lifetime you are pulling from or what experience, but you will just know something and you won't really know where that information came from. And it's because you are becoming much more comfortable with the grid being, with the timeline being, linear; not being past- present- future, but all happening at once. [inaudible]

Q45: If a person who is enlightened in this lifetime transitions, will they necessarily be enlightened in their next life, or would they have to start from scratch? Is there a progression of being-ness, or consciousness that carries over into the next incarnation?

LBs: Yes, and you brought up before the various avatars, the various people who have influenced the world tremendously, and those are those that have incarnated and have expanded in a previous life and brought those lessons with them. And so, yes, that is quite true. You do not go backwards unless you make some very poor choices, choices that are not of the light. And you can do that. You can make choices that are not of the light if you really [fear? inaudible]. But in general, again, when you look at the . . .

We wish we could mind-meld with you at this point, because if you could see basically the way you evolve or the way you progress in incarnations, it is more like a spiral than it is going straight up or moving up a ladder [inaudible]. It's more like a spiral. [Joyce begins to make a spiral with her hands that moves upwards with its curves not being level, some sides higher than the opposite.] And so, you might see fear, and then you may go back around here and say, "This is more light," and less light coming from this side. And so, you may be in a lifetime here where you are not getting as much, or you are not expressing as much light, and then you come around here and you are expressing more light, and then you go back and experience a period where you are not expressing as much light. Do you see? But then you are [still] spiraling up a little bit, so expressing less light here but not as little as you did here, do you see? So, you progress, but many times you will experience, perhaps, a life that is not as much of the light to learn the lessons of the opposite, polar opposite, because that's why you incarnate.

Q46: Does one make that decision beforehand?

LBs: Well, you make the decision what you want to expand and experience.

Q47: [inaudible]

LBs: It's very difficult for you to understand that you can expand and be of joy in situations that are not pleasant to the body. Do you understand? [Inaudible]

Q48: I feel that becoming more intuitive or spiritual and more present requires that we become more trusting in our innate security. We have to somehow give up the 'guarantees,' and sort of fly by the seat of our pants. We have to have a degree of trust. And I think that's hard for many of us even though the only thing that keeps us from expanding is fear.

LBs: That is correct. That is correct. And the more in touch you get with the soul, but recognize the need for the ego and accept both within you, the easier it gets to live in the Now and to make that leap forward and trust that the universe is going to be kind to you, so to speak.

There is also something else that happens in that unification and it's something . . . the easiest word probably to describe it is 'knowing'. There is a clarity then about living that helps you move forward on a day-to-day basis without fear, because you have a deep knowing that no matter what happens to the physical body, no matter what happens externally, your Being, your true essence is safe. And once that Knowing is present, then you quit having the fears about things that "could, should, would." You get rid of those kinds of words and thoughts.

Q49: This Knowingness, there's no way to describe how it is, but you just know!

LBs: That's correct. That is correct.

Q50: And it also generates gratefulness too.

LBs: Yes. And interestingly enough, that is a word that is finally coming into its own. To be grateful is very expansive for the soul.

Q51: There is a part of me I became aware of a year or so ago that has very much always wanted to experience the earth plane like a young girl that is just hungry for experience, for the joy of that. And I wasn't aware of it being suppressed up till that time. I have a sense that this part of me is very much in harmony with my higher aspects yet may not be the soul. So what part of me is that?

LBs: The part of you that you are experiencing or that you are describing is that part of you that is uncontaminated by beliefs, codes, and patterns, because that is the—If you will watch a child at play you will be able to see that kind of wonderful experiencing of life in the Now to its fullest. Whatever they are doing, they're into it one hundred percent and full of joy no matter what it is. It can be playing with a string or looking at their fingers, but they're completely into that experience. And that's what you are describing. And the only way you can experience that is to step outside of your belief systems, your codes and patterns that have controlled you and told you how to live your life.

Moderator: We're going to have to cut this off. Light Beings, we thank you so much. Is there anything you'd like to say in closing?

LBs: Just thank you for joining us, and we look forward to the opportunity again.

Group: Thank you!

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