

Light Beings: Good evening.

Group: Good evening.

LBs: We welcome you and we feel the energy tonight is a little more cohesive than it has perhaps been in the last meeting or two even though you may have some new faces here. And so we hope that you will begin to ask questions and get the energy flowing at such a rate that each of you will benefit with the information you carry home. We are going to suggest in the beginning, however, so that you can open your chakras a little more than they are at present, to do some toning. And so if you will now, begin with your 'ohms', and let your tone seven times and see how it changes your energy and opens up, especially the heart chakra.

[Group tones]

LBs: Very good. Could you feel the vibration rising as you begin to open? Can you feel a difference now in the energy? [A few 'yesses'] So now let's open for questions.

Question #1: The upcoming Venus alignment, [...]

LBs: The Venus alignment of the 8th of this coming month, do you mean, of June? [Yes] Many times...let us explain to you there is some misrepresentation, some misunderstandings about these alignments many times that are presented or talked about in your New Age circles. Because actually each one of you, each entity that incarnates, incarnates with a particular energy from the planets, their positions when you actually are birthed. And you bring that energy in; it is a planned energy, an energy that you bring with you as a map for you to progress on the earth plane. And so, the alignments that you speak of, for instance the Venus alignment, will be affecting people, but on an individual basis. It is very difficult for them to predict a broad thing such as a Venus alignment. In your planets that travel much slower, such as your Pluto, your Uranus, those planets you can say affect generations more, but in an alignment such as is getting ready to happen now, what you may see is a little bit more of the energy of acceptance and what you call love, not necessarily what we perceive in our dimension as love, but a more conditional kind of expression will be apparent for those of you that have Venus already active in your chart in a more open way. But those of you that are not yet learning to express your Venus may not necessarily get a tremendous response. So do you understand what we are saying? [Yes] That many times astrologers will make a tremendous thing out of an alignment, but it might not necessarily affect each of you in the same way, because it is not triggering the same kind of energy, your map might be different than your brother's map. And so it's going to affect each of you in a different way. Does that help answer your question? [Thank you.]

Q2: I have a question for my daughter. She'd like to know...or I would like to know actually, what is going on with her car? Why is she having so many difficulties with her car for several months? No matter, every time she thinks some good fortune is going to come in and make it possible for her to get it fixed, something new occurs and she's prevented from moving forward.

LBs: If each of you would look at how you view your transportation, how you view your car, it has a lot to do with how you live your life. In other words, many times for instance, say your radiator runs hot, you may look at your life and realize that you are not managing your

emotions, your allowing things to set you off or to cause you to heat up. Or if you have a flat tire you may look at what part of your life you're not wanting to be able to move forward in. So many times, a vehicle is simply a mirror for you to look at and decide what you are – how you are living your life, how you're managing your energy. So get her to look at what is happening to each part of the car that is giving her difficulty, and then turn that within and see what part of her life is not working that may compare to that car. Do you see?

Q: I do, I mean that's how I view whatever happens to my car. Of course, she doesn't see it that way, but her car's got to the point now that nobody can figure out what's wrong with it. So...

LBs: After the look within, and see if she really is having some great doubts about her own life and what's wrong with what - the way she is living her own life. Tell her to look within because that is really what that is all about.

Q3: What if the car is extremely old [...]?

LBs: Of course, there is the mechanical failure of something that, as you said, has completely worn out, and that would not be as blatant, as much of a blatant mirror. It still might be mirroring something.... it may simply mean that it is time for you to change courses in life, time to change cars, time to change course. Do you see? And look back at your own life when you have changed or traded cars and see if that has not been a time that you have changed courses in your life.

Q4: She's looking at other cars now.

LBs: Absolutely, that is probably part of what this is about, is she needs to look at a different way to a different path. [Thanks]

Q5: I have recently gotten into tarot cards, not the mystical ones, but the more general tarot cards, and I'm finding that they're pretty explanatory about the way my life is in general, and they offer some specifics if I'm able to read between the lines so-to-speak. Is this a good system for me to understand my path and assess where I'm at and where I might need to go?

LBs: That's an excellent question, and it's one that many ask, especially as they're beginning to open to information. As we've spoken to you many times, each of you has the ability to receive information direct. It is not a unique talent. It is simply...information is always there for you to receive. It is simply a matter of you learning how to open to that information. And things like the tarot cards, your I Ching, all act as basically an antenna, a receiver of that information because it helps you focus. It helps you to shut out everything around you, and you're focusing. And so, it helps bring that information in. So yes, it can be a very good tool. But let us also say that there are two dangers in using those kinds of tools. One is that you could become actually addicted to the tool itself, believing that that tool was going to give you all your answers. And so that can become detrimental for you. The second thing that can happen is that you do not clear before you consult the choice you have chosen to use, and then the information may not be clear. You may be picking up on energies that are not for your highest good.

Q6: You have to be clear about the questions you are asking?

LBs: Clear about your intent, and clear about the question, yes. So that is the only thing that we would recommend, that you do very much centering before you use any of the tools, and that you do not rely on those tools for all of your answers, but begin to learn to open and receive information without the tools.

Q7: I tend to resist using them for that very reason, and I know that when I want to resist it's usually I'm not clear enough about the intention or the question that I ask. And that I'm afraid of, more or less, of getting the energy that I want to receive lost in my own view.

LBs: Yes, many times what happens when one is beginning to open and to receive information is that the filter or the personality get in the way and then the mind kicks in and begins to analyze or doubt, or the patterns and codes begin to play, and so that makes it very difficult to get the information. [Thank you]

Q8: Question about aging and why some have more energy later in life and act younger than others and are attracted to younger people, etc.

LBs: This is a question that we could spend quite a bit of time on because there are many reasons for peoples' energies to diminish, and you are correct it does seem that as one accumulates earth years the energy progressively depletes, or seems to deplete. And there are several reasons for this, one of the major reasons, however, is a physical reason and it has to do with toxicity. It has to do with the pollution that one's body is exposed to both from the environment, from what one takes into one's body, but most of all from one's thought processes. The thought processes are the biggest pollutant for the human body. And so as one progresses in earth years and one tends to allow their patterns, their codes to run their life, then the negative that they have accumulated becomes more and more toxic. And unless they reach a point of awareness and begin to want to change the way they think, then it completely begins to...it's difficult to explain it to you, but it's like they have so much energy when they incarnate and they gradually absorb that energy, so-to-speak, or wear that energy away with the pollutants. Do you see? Now those that you see that have a lot of energy but have a lot of earth years, if you spend any time with them you will find that they pull directly from the Source and receive energies instead of being closed or contracted, because that's what happens when one – you see you cannot have negative or – we do not like the word negative – but you cannot have a thought that is not of benefit to you unless there is fear present. Do you understand that? [Yes] And so, fear is contracting, and therefore the energy, the connection with the Source is no longer strong.

Q9: Fear kind of chokes it off, huh?

LBs: That's correct, if one becomes more aware, or as you might call it, enlightened, or of the light, the energy is more acceptable. Do you understand? [Yes] And so they seem to have the same energy as one that does not have lots of years. Does that help answer your question? [Yes]

Q10: There have been hundreds, perhaps thousands of very explicit sightings of flying saucers and UFOs around Mexico City over the years, and they even apparently go in and out of volcanoes now. Would you please tell us what is going on, what are these craft, and who they are?

LBs: It is not just the Mexico City area; but it is because the vibration of that particular area is of a different frequency, and therefore the sighting can be seen by your physical human eye. So it is not that it is so much more frequent there. It is not different...it is simply that you are... let us see how to explain this in a simple way....

Q11: There are a lot of them elsewhere, but we just don't see them?

LBs: That is correct, but the reason you're seeing them at all is because of the frequency change of your planet. If your frequency change would be slowing down instead of rising, you might actually be able to at least sense or feel more a part of something of a linear nature that was prehistoric. Do you see?

Q12: Are you saying that the time line is bleeding through, that they're not really here? They are visible, but they are not *really* here?

LBs: That is part of it, yes. That's a great part of it.

Q13: So they aren't really visiting, we're just sort of visiting them because we can see them?

LBs: There is, as we say, a vibrational difference that is allowing you now to see what has always been there. But it is now becoming visible because of the frequency change in the planet, and also of the beings of the planet.

Q14: We're going to a higher dimensional consciousness?

LBs: Yes, and able therefore to see those beings and the objects that are of a higher vibration.

Q15: So eventually we'll just suddenly look, and there will be a city there?

LBs: That is not what we are saying. We are not saying that these are not; these are not, uh, permanent residents of your planet. They are visitors of your planet, but they are of a different vibration, it's not that they are just now visiting the planet.

Q16: Are they trying to visit us in our 'now', or are they simply bystanders we are becoming able to see because of the vibrational rise? Is it their intention and purpose to be here and now?

LBs: This gets so very difficult because you don't understand what your earth time is about and it is; let's see if we can try to explain this in a way that...It is not like the aliens that you see presented in your movies. That is not what we are saying. But it is beings that are of a different vibration. You tend to think in your small thinking processes [group laughter] that you are the only solar system, that you're the only planet that has life on it.

Q17: Light Beings, I don't want to dwell on this, but it's getting very difficult for me to follow. What I'm simply trying to understand is can you tell us who these beings are that are flying around Mexico City; where they are from? Are you willing? And are they going to

eventually make themselves so visibly known to us that it will be like people assume; that they will just park, get out, and talk?

LBs: They are not from your solar system. And they are not trying to infiltrate your planet in your particular time. Some of them have accidentally entered a, not what you would call a black hole, but something very similar... where they got pulled into a vortex accidentally like a plane getting off course and dropping, for instance, because of a huge air pocket. It is a similar kind of thing that happens. But some of them are actually interested in what they perceive as a very primitive civilization.

Q18: So some are intentionally trying to come here to observe us?

LBs: Observe, yes, but no ill intent.

Q19: No. But what solar system are they from, or what star system?

LBs: Even if we gave you a name, it would not matter to you because it is something you are not even aware of and will not be for at least another two thousand years.

Q20: You mean, the galaxy, or wherever they're from? Have our scientists even recognized it yet?

LBs: No.

Q21: They don't even know where it is.

LBs: No.

Q22: So are remote viewers - people that can go places with remote viewing, and consciously go - will they be able to go there? And giving it a name, would it help them?

LBs: Not at this time, no. You see, you keep getting into the element of 'earth time', and so you're trying to put a concrete name and some sort of label on something that is not yet in your existence.

Q23: Ok, are they from our future, here?

LBs: That would be, probably, the easiest way to explain it, yes.

Q24: I've been reading a lot on this website called wingmakers.com and I'm wondering; I don't know if you've checked out the Internet? [Group laughter] Can you tell me whether or not the information on that site, has any kind of credibility to it? There are a lot of things they've uncovered and found, and I'd be interested in knowing if there's anything to this information.

LBs: There is not just that particular information, but there are concrete evidences of other kinds of life that have been found on this planet that have been kept away from the general public. There is no real reason for the general public even to probably to need to know that,

because [as] you're having trouble understanding us, because we're having trouble explaining how something can be from a different what you perceive as time, so, it's very difficult then to explain even to scientists or to those that have found some of the artifacts that have been left, or even evidences of beings, because they don't even understand themselves what some of these things are made of because it has not yet been developed here on your particular time-line.

Q25: Yeah, I know. The story behind it was that these people were transported into the 27th century and then they left some stuff here and it's connected with some Indians down in New Mexico, and things of that nature. It's very fascinating stuff. They even talk about remote viewing in there. And there's supposedly a secret CIA group that is in charge of all this, yet it's not even acknowledged by the US government that it exists. But this guy came back and put all this information on the web site, and they have music and poetry and art and all this wild stuff. And I really want to know if it has any credibility.

LBs: Did we explain enough? It's very difficult when you start trying to...because you can't conceive that it's all happening at once. And so, many times.....for instance, your psychics, those that tend to be rather good at what they do; how do you think they know what is happening in your perceived future? They simply have the ability to change their vibration enough that they're able to pull that information from that particular time-line that they're predicting. Do you see?

Q26: But that's also why they can sometimes be wrong, because if they tap into another frequency for maybe another choice they might have made?

LBs: They tap into what is the probability, but your free choice can change that. That is exactly correct. So they may see what it looks like, [what] the probability is going to be. Interestingly enough, your Indian, your Native Americans have a saying that if you correct something in your life it goes back 7 generations. And they're absolutely correct in that because if you change something at this moment in your time you're affecting everything from the future and the past, as you perceive future and past. You're changing history. Do you understand this?

Moderator: Thank you Light Beings

[Break]

LBs: Welcome back.

Q27: I have a question. If a property has a vortex on it and we are on this property and you get peripheral views of something moving, and when you turn it's not there, what is that?

LBs: There could be one of two things that happens in an energy vortex, and one of them is that you may be able to actually for a second or two enter the same vibration of the vortex. And that makes you be able to see the energy, so to speak, but another thing that actually happens many times around vortexes is there are other entities and energies that are involved, and sometimes you may be actually - again, your vibration changing to such a degree - that you're able to see those energies. So it can be one of two things that you're seeing, as you say, out of the

peripheral; it's truly because you're relaxed enough, you're not focusing, and allowing your energy to change enough to be able to see that energy.

Q28: Would these energies be persons from past lives? Would it be that type of thing?

LBs: That is a possibility; it could be that the energy is lingering from those that have not yet completely cut the connection from the land itself, perhaps, or because of a trauma. You see, many times it is not.... let's see if we can explain this so it is a little clearer because many people have a misconception about energies that linger around land. It is not actually, perhaps, the spirit, the true essence of that being, but the energies they leave from the emotion of the trauma. Do you understand what we're saying? As we were trying to explain earlier, your thoughts absolutely have the ability to pollute a physical body. They also have the ability to pollute the land. So if there is a lot of trauma that has gone on in a particular area, those energies can still be there. And once you become sensitive enough to energies you will know when you walk into a building or walk on land, you will be able to feel when an energy is still lingering that is not of a very, ah, higher vibration.

Q29: Would you recommend how to clear that energy?

LBs: There are many, many ways that you can clear the energy, especially of land. There are things that can be done by using even gemstones or by chanting particular chants, and again, you would need to try to feel what the energy is like and then you can do certain chants that will help. There are many Feng Shui or Chinese remedies for getting rid of different energies that have remained on the land, whether it's emotional or pieces of the spirit that have remained.

Q30: Do shamans help?

LBs: Shamans can definitely help. They have their own methods, and many times it is using sound or it is using a combination of sound and herbs that will help rid – or break up the energies – that's actually what they're doing, is releasing, breaking up the energy flow.

Q31: Has there been a change in the male and female vibration on the planet? If you could say a little bit about the shift in male and female energies, and how we can help each other have loving relationships without all the old attachments and expectations.

LBs: Yes, that is quite a broad subject for us to explore with you because it is a very important part of the way energies are being managed now. As you know from your histories, many, many years ago the planet was more matriarchal; more of the female energy was present, more prevalent. And then, as always, you will find that the universe is very cyclic, and so it cycled into more of the male energy and that has been very prevalent for many thousand years. And now it is gradually cycling back into the female energies. So that is part of what you're talking about, is the cyclic phase of the female energy becoming more prominent.

But also because of the evolutionary rate of the beings on the planet now, the vibrational change, it is necessary for the male/female within each entity to become more balanced. And that is what we will speak even more to you about because that is what is going to affect relationships the most. Because, in the past it was necessary for there to be a greater division between male and female because of the lifestyle, for one thing, and because it was culturally the accepted way

of living there became a very – we won't use the word 'labeled', but a very expected way for the female's nature to be, or for the male's nature to be. And so there became this dependence upon each other, and it became very out of balance. And so relationship itself became out of balance. And in a coupled environment one would always be the dominant, the superior, and the other, the female, would become the submissive. So it became very out of balance. But as the vibration began to raise, and the consciousness began to raise, this was no longer an acceptable way to interrelate in relationship, and as each entity began to become aware and more of the light there was recognition even in the psychological areas that there was both male and female in the male and both male and female energies in the female. Now this has been accepted for much longer period of history in your Chinese culture and your Oriental cultures in general, and in your Mid-Eastern cultures. So it is not something new if you want to research and look at the art, for instance, you will see that even 2000 years ago the art exhibited itself as male/female combinations at the height of spirituality. So you joined the Source, you became One, a female-male. And so that is what is happening now as you begin to open, expand, grow, to connect with the Source, you are beginning to develop both sides of your being. And so it becomes very difficult for you to enter into relationship of the old culture because you no longer relate to that, because you are within whole yourself. Do you see? So the only way now to conjoin, that both have become aware and accepted and developed both sides of themselves, and are now balanced in male and female; then the only way they can truly have a relationship is to join, allowing at times for the male to be the nurturer, at times for the female to be the nurturer, at times for the female to be the aggressor, at times for the male to be the aggressor. And it is a give-take kind of interweaving so it gets difficult to decide who is the male or female. Do you see? And until one can reach that point there is going to be great difficulty and a lot of division in the relationship. Does that help at all?

Q32: Yeah, and is there a way to assist?

LBs: Yes, and the way to assist is the way of all developing and opening, and that is of acceptance of where the other person is at the time, not that you... For instance, let's say that we have a couple and the female has become much more balanced in the male/female. And the male feels very threatened when the male part of the female becomes more apparent and becomes more active. So the only way that that relationship is going to become balanced is for that female to recognize those fears and try to be as cognizant as possible when relating to the male that that fear is there, but without really pushing the power. Do you understand? And the only way that it can possibly work is that male becomes gradually aware that [he] is not being threatened by this new type of female, and begins to open to [his] female. And the female can help with that by allowing the male to become the nurturer at times. So it's a matter of working with it, but it's very difficult if the other person who has not quite reached that balance has so much fear enveloping him that [he] can't open to the possibility. So the best way for one to handle it as one becomes more balanced in their own male/femaleness is through honesty, but through also accepting that the other person may not yet be able to understand this language. Do you see? And not create a threat, but simply stand in the power without threatening. Do you understand the difference there?

Q: Absolutely.

LBs: Does that help answer your question?

Q: Thank you.

Q33: Going back to the question about land and its emotional energy and how to go about clearing that, you mentioned gemstones and chanting, what else can you add?

LBs: Yes, it will depend, of course, on the person that is exposed to the energies and how that person relates to clearing in general. So, one may even clear with prayer if prayer is something they have a great feeling about and feel that they have direct contact with Source; even prayer can help clear. But sound tends to break up energy better than, almost, subtle energies, almost better than any other method. So, that is why the combinations of herbs or gemstones and sound, you're getting two different subtleties.

Q34: Crystal bowls?

LBs: Crystal bowls are an excellent way to begin to break up the energies. Yes, but remember that when you break up energies many times you also then need to replace what you have dispersed with a different kind of energy. So, be sure when you have done the clearing that you bring in, then, the loving, the open energy to replace that void.

Q35: Ok. And through your intentions?

LBs: And through either, again, the chanting or through prayer or through...and always through intent. *Everything you do on your planet, the outcome is due to your intent, always.* Any other questions?

Q36: Do you have anything else you want to prompt us with for a change?

LBs: We know that many are going through some extreme changes at this time, and one has related chaos and confusion, but even more than that there are many that are going through many life changes due to their own internal development and change themselves they are no longer able to live in the same kind of environment or same kind of energy that they have been in the past and so in one way or another they will make some drastic changes. And if they do not make those changes they find themselves in a situation where the changes are being made for them. Do you understand what we are saying?

Group: Oh yeah, I am, etc.

LBs: That is one of the things we would like to bring to your consciousness tonight. Many times you do not take the time to center yourselves and find out what feels right for you within, what is going to bring you joy. And as we have discussed with you many times, your purpose on this planet is to experience expansion and joy. And if you are not there at this time it is very appropriate for you to spend some quality time with yourself to reach a point of making the decisions that are going to bring you to that place, because if you do not you can be assured the universe is going to help you out, because there is not any longer the long periods of time allowed as there has been in the past.

Q37: [Unclear; about transitioning and if people have finished what they came here to do.]

LBs: Yes, and we do understand what you're asking, and you're absolutely correct in your surmising that they may not have finished, because many times what is happening now that causes one to transition before they have completely finished what they came here to do is fear. And it may be at a very deep level they may not be aware of that, but what has happened is they have gotten themselves into a position where they have allowed their codes, their patterns to rule their lives so much that they have backed themselves in a corner, so-to-speak, and transition may be an easier way than trying to rebuild their body or to rebuild a life where they are understanding they are. Now this is not a conscious choice necessarily; it happens many times. But there are also those that will come to the brink of that decision, and there will be enough clarity, should we say 'opening', that they will be able to make that transition into life instead of leaving the body. Staying in the body. But you will find if that happens that those people will never quite be what they were before, they will be very different because they have made a choice to rid themselves of their codes and their patterns that held them in that position that led them to that particular place. Do you understand? So it's a huge choice for one to have to make and sometimes the easier way is to simply transition, but the trick is that transitioning does not get them out of their mission, it's just that they don't have a body any longer to work with and so it makes it a little more difficult because then they have to find a way to finish what they were to do without the physical body. So it can not necessarily be what they thought the answer was going to be.

Q38: Can't we just come back into another physical body?

LBs: Yes, and many will decide to do that very quickly when they have transitioned before they have finished their work

Q39: Is there ever a point that you know what that work is that you were supposed to do?

LBs: When we say 'work', what we have just explained a moment or so ago was that your work is to become joyful and expand. That's what you came here to do, but in that, there will be entwined in that many times, ah... part of your joy will be to present something that will open many people, or to invent something that will perhaps save many peoples' lives. There are many ways that you can entwine the joy and expansion with actual doing. Do you see? And so most people do have something that they came here to learn and complete, but what must be a part of that is the expansion and the joy. Do you understand?

Q40: So the joy is not a hundred percent all the time, or should it be? Because I'm having what you referred to as chaos, which is part of what I'm perceiving right now and living in. When you talk about joy it sounds like I have to have joy in the middle of what seems like the absence of joy. And I'm trying to find a way to be joyful in the middle of something that's chaotic.

LBs: We do not think perhaps that most entities understand the words that we are using, and it becomes very difficult at times to help you understand. When we say joy, we are speaking of that 'hum' within, that balance within, so that no matter what is going on externally in your life that hum is still there, you're still plugged into that hum, that feeling of completeness.

Q41: I see. Witness consciousness?

LBs: Again, you're getting into labels. Have you ever watched a baby play with its toes? Can you feel what that little child is feeling? It is totally in the now experiencing expansion. That is what we are talking about when we speak of joy. There is no attachment to past, future or outcome and there is no expectation around what is happening, and there is no suffering.

Q42: Is wonder a good word, or awe? I know those are labels.

LBs: That is not what we are speaking of when we are speaking of joy. It is that unabated innocence that you bring in before you attach to patterns and codes. Does that help?

Q: Yes it does.

LBs: And this is one of the things that those of you that label yourselves as "New Age" need to think about very seriously. Just because you become enlightened or of the Light, that does not assure you of a life without obstacles, and for some reason many of you have the idea that once you become a part of the Source and you are the enlightened being your life will be perfect, and if that were the case you would have no reason to incarnate because all lessons would have been learned. So, you may be very enlightened and still have chaos in your life, but you will not suffer.

Q43: You mean you will not perceive it as something, you will not react to it in a specific way, experiencing it as something you call suffering?

LBs: That is correct. You will recognize that you may be in chaos and that something is happening that is not particularly pleasant for you, but you will not suffer.

Q44: You will not need to have an emotional attachment?

LBs: That is correct.

Q45: Does acceptance have something to do with it?

LBs: Acceptance is a part of it, yes, but it is more than that, it is allowing your essence to recognize it is safe regardless of external circumstances, and in that safety there is joy.

Q46: When you were talking about humans being programmed, do you have any ideas about how to be deprogrammed?

LBs: Yes, and we wish we had another hour to spend with you on that because there are many, many tools that you can use to help you with deprogramming; but the main thing is to recognize the need for reprogramming or to deprogram, and once you recognize the need, then if you can become aware, and this will not be 100% in the beginning, but if you can look at the things that you have a charge around, that you react to, you will then know that that is something that you have programmed. When you react to something it is something that is coming from a

belief system. Then if you can look at that reaction and step back and try to understand where the original belief came [from] about what is happening in that particular situation you can begin to understand that it is not necessary, then, to react to what is happening because it is a belief around that that is causing the reaction. So that is the best way for you to start, if you look at what you have a charge around or react to.

Q47: Do you have anything to say in closing, Light Beings?

LBs: We thank each of you for being with us tonight and we look forward to joining you again.

[End of session]

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