

Joyce: "I surround myself and this group with the Christ Consciousness and the White Light from within and from without, and I ask that my ego and my personality step aside so that I may be a clear vessel for information to come through from the very highest source possible. I ask that this information be for the benefit of any that read or hear it, and I thank you in advance for giving us this information."

Light Beings: Good evening.

Group: Good evening.

LBs: We welcome you and we are pleased to see new faces tonight. The energy is considerably subdued, and so we hope that there will be some questions that will get the energy moving a little bit more, and to get you into a more thinking mode about what you need for you to be able to move forward in your life's pattern, in your life's path so that you may find the joy that you came here to experience. So, do not hesitate to ask any questions that you feel might aid you in searching for that kind of information or experience to give you joy.

Question #1: I have a question about the energy that's in our universe at the present time. Many people including myself are having digestive type problems, and I've personally had a severe indication of that. Is that the energy we are all subject to at this time, or is that just a personal thing that I'm going through?

LBs: That's a very good question because it is not something just you personally are experiencing. This is one of the many ways that people are experiencing on the earth plane at this time [because of] the vibrational energy change, the shift that is taking place. And because things are... ah, should we use the terminology you might understand us? "Speeded up", which is not truly accurate, but for your being able to understand it that is the best way for us to explain it. You are "speeding up," so to speak, as the vibration shifts on the planet. And in that shifting there is cellular changes and metabolism changes that go on in the individual bodies. And determining what part of the body is going to be effected, it is usually accessed by looking at what kind of issues you are either denying or not wanting to look at. And many times when it is digestive, it is that too much information is coming too quickly, or too many experiences too quickly for you to digest. Do you see? [Yes]

So that's how you look at the different physical issues that might be going on. And understand what that particular organ does in the body, and then it will not be too complicated to understand what that is saying to you. So, in your case, what you need to understand is you have quite a few things coming at you that are not of a particularly pleasurable nature, and so you need to be able to step out of some of the environmental, should we say, darker energies, or energies that are not pleasant for you. Do you understand? [I do] And give yourself breaks from that, not only just breaks mentally, but if at all possible, physical breaks from it so that you can regroup and re-center. Also, it might benefit you to - you are familiar with how to use the colors - and it might be very beneficial for you to use the colors much more frequently than you have been doing in the past. That will help to balance again on a daily basis and help the body adjust to this vibrational shift. [Thank you]

Q2: [Personal question concerning conflict with a sibling.] Is there a reason for this miscommunication? Is there something I can help resolve it with?

LBs: Well, first let us say there are some reasons that are of a very deep nature that we will not talk to you about tonight. [OK] But we can tell you something that you can do to open the door a little bit more for communication that will aid you in, perhaps, tearing down some of the barriers that have been built over a period of years through various things that have been said by both parties responsible that have been hurtful, and in so doing there were blocks that were built and there is now a considerable barrier.

So you need to find a way to take some of those blocks down, and one of the ways to do that is in your meditation, to pull your sister into the meditation and completely surround her in pink, and then surround her in gold, and then you must surround yourself in gold to help transmute what is *truly* being said as opposed to what you think you are hearing because you have had a tendency to hear what really is not been said. Do you see?

Q: Or a tendency to believe something that's been done that really hasn't?

LBs: Correct, and sometimes you have interpreted things that she has said and done from your own perspective, not where she truly is coming from. And that's what the gold will help you understand more clearly, it will bring in the information that is not maybe said in words, but you will feel the energy more clearly and understand that she is not necessarily behaving in the way you're perceiving. Does that help? [Yes]

Q3: Personal question concerning a desire to attract younger people to spiritual institutions and teach them what she has learned.

LBs: Yes, you are being surrounded at this particular time. It is very easy for us to see the energy of blue, which tells us that you are beginning to be able to speak more your peace. That has been more difficult for you in the past and it's going to be much easier for you in the near future to understand and be able to speak about what you really are wanting.

But in regards to what you're speaking about with the institutions, what is happening of course, is that the old energies is what is breaking up. And that energy is more of one that created separateness. The very fact that institutions were needed of any type, and it doesn't matter whether you're talking about a spiritual retreat or whether you're talking about a Buddhist temple, or whether you're talking about a Catholic school, or, it does not matter what that institution is or even what their belief system is; it was originally formed to create separation.

And you are now in a new energy where separation is not what is going to be, or the process of separation is not what is going to be the protocol. It is going to be that of one weaving in and out of energies when it is appropriate for whatever learning you are going to do, but you may not necessarily want to become a part of an "organization". Do you see? ["Uh-huh"] And this is what is going to happen more and more. You're going to see a *movement* more than you're going to see institutionalized situations, because the moment it becomes institutionalized there is an ego that gets attached to it even if it's a group ego. And once that group ego begins to play out, then you have separation. Do you understand? ["Yes I understand that."] So it's the old energy, and that is going to dissipate now. And you're going to see it not just in the spiritual communities, but you're going to see it in corporations, [and] you're going to see it in government, where these very iron clad institutions that have specific rules and ways that must be respected are going to start deteriorating at the foundation because it creates separateness.

Q4: Recently I went through a period when I felt more intense fear than I could ever remember having experienced except that there was something familiar about it like, perhaps, it was something I felt as a young child. And I had a lot of headaches during the time. My body shook

and this went on for days, possibly 2 weeks I think. And there were some substances in my environment that I came to think might have been contributing to the headaches and things, and all of this shifted around the same time that I stopped using those substances. And there were circumstances in my life that I thought I could attribute this fear to as well. But there was also someone living in our home at the time that also shook that said it was hereditary, with many members of his family also shaking all the time. He would wake up during the night frequently with nightmares. And all of this shifted for me at the same time he left our residence. And it did not occur to me until after he had left that some of that fear I might have been feeling is perhaps not mine because it has not come back in that intensity since then. So I want to ask whether that was the case, if some of that was his fear, not mine, and if so, can you remind me again how one distinguishes between one's own feelings and someone else's?

LBs: You have opened a huge amount of information so we're going to try to take one thing at a time because you have mentioned many things that have taken place in your life here, and why any of them would have affected you.

First let us say that, do you remember not so terribly long ago when you made the determination that you wanted to clear fear from your life and to clear anything that was stopping you from your growth? {"Oh yeah"} Always remember do not ask for uh, unless you want to have it. And the universe has very interesting ways of giving you those gifts.

Q5: So I was clearing some...I hoped I was clearing.

LBs: You were clearing some incidences that you had patterned, or you had actually coded, hard coded so to speak, into your being when you were three and five years old. There were some incidences that were ah...and we will not get into the personal nature because it's not important, but what is important is with your mother especially. There were some patterns and codes set up that created this fear that you then blocked so there would be no remembrance. And you lived with this type of inner anxiety within you that you've never quite known what it came from. Do you understand?

Q6: I do, that would be why it seemed familiar and from my childhood?

LBs: Yes. And so, when you ask for the gifts of anything that would help you in your growth you are given the opportunity to set you up with some things that you mentioned environmentally. And you're absolutely accurate. And not only had you ignored some of your dietary situations that in the past had bugged you, and yet now you had begin to become a little bit more lax and not as critical about what you were ingesting. And so that set the body up to a degree. And, of course, allergies always come from imbalances in the body, but also of the thought patterns. So, many times an allergy can be cleared when a thought process is cleared.

But nonetheless, you have these sensitivities and you brought some of those in as well as some household articles that you had that were not completely compatible with your physical being. So that set you up for being very vulnerable then to the energies of this young man that was in your home. And so you began to meld more or less with his energies without recognizing that because you are empathetic to a degree. You're an empath in such that you have trouble distinguishing "me" from "thee". And so, you simply melded into that energy that was already very insecure, very should we say emotionally unstable. And so it was then, your body was already vulnerable, your thought processes were already tuned into this fear, and you were given the opportunity to bring it to the surface. And so you did not necessarily run from this fear, but you understood at least at a very deep level that there was an issue here that needed to be faced. ["Yes, yes"] And so at this time you should be able to feel much more centered. And a lot

of the anxiety you've had since childhood is somewhat dissipating, not necessarily completely now, because you are not in a life situation where it is possible for it to completely dissipate, but once you are more stabilized in your life situation you're going to find a much more secure kind of energy present.

Q7: So his presence helped with... I melded, I was experiencing a lot of his fear, but it was drawing my own fear up as well?

LBs: It was acting as a mirror. It was acting as a mirror for you.

Q8: So in this case it would have not been beneficial for me to try to distinguish it? What I did was just go into it and let myself feel it until I thought that I was actually physically [...] behind, it seemed so great. And then I started using energies to try to protect my body. But beyond that I didn't try to fight it. That was the appropriate thing for me.

LBs: Yes, at that particular time. Now let us go back to your question about being able to separate, because this is an issue for many, many that are on the spiritual path. Because as you begin to open you begin to lay aside that idea of separateness, and when you do that you very easily will meld with another's energy. And this may not even be on a conscious level. But what needs to happen so that you can distinguish what your thought processes are opposed to someone else's thought processes is you need to keep yourself centered in such a way that you know the difference between what you are feeling and what someone else may be feeling by being very consciously aware of your chakra centers, your energy centers. And a very good way to know, is again and we have talked many times about putting your hand on your solar plexus [just above the navel] so that you can feel contraction if it's fear, or expansion if it is not. And if it is not your fear, you will not feel contraction. Do you understand?

Q9: I do. I have one other question about it. I know some people who at the time they tried to clear some issues that had to do with fear, they went through this process with someone called tapping. There was a tapping that was done that helped their emotions detach from the mind so that they could truly go into those feelings. And at the time I was experiencing this intense headache, and also the most intense fear that I've ever felt, it occurred afterwards to me that that headache had served that same purpose.

LBs: Not quite the same, because what you are speaking about is a technique that is extremely beneficial for those who have reached a certain point in their growth where they have agreed, made an agreement with the Source and with their guides, that they are going to take that giant leap forward. And unless they have reached that point, then the tapping does not usually serve as a permanent solution. But if they have reached that point, what happens is having the practitioner act as a guide, they are able to separate mind from body and spirit so that the true information can come forward without the ego getting in the way and stopping that information from coming forward.

Q10: So there's information there, not just...

LBs: Yes, and then it can be very, very powerful if that is handled in that manner. It takes an extremely good practitioner to know how to create that kind of safety net for the person, so that they can let their ego step aside. Do you see? But it is very powerful. So it is not the same as your headache was. Your headache truly was acting more as a shield or a way of denying the memories or energies that were trying to come to the surface.

Q11: Oh, so would a tapping session be beneficial for me at this point to clear?

LBs: It, perhaps, could be very helpful if you truly are ready to make that giant leap. It could be very helpful. ["Thank you."]

Q12: As the universe is going through the vibrational changes that affect us, our growth and our consciousness, are we entering a period that we will be able to use our thoughts for manifestation to a greater degree than we are now?

LBs: That's a very interesting question. Let us first explain that manifestation was very easy for those that had learned the technique in the past. One could visualize, one could use tools, one could do all sorts of things to get the visualization going and then watch the manifestation take place. It might be 6 weeks, it might be 6 months, it might be 6 years. There wasn't necessarily a time that was connected to the manifestation, but it would eventually work its way into their reality. That is not the way manifestation happens today in this present period of your evolution. The way manifestation happens is through your recognizing that what you are, what you think, will be your future. So, if you want to bring something into your life, yes, just visualizing it is very helpful, but not necessarily visualizing a specific. For instance, perhaps you want a new car, but instead of visualizing exactly what you want that car to look like you would come nearer to bringing the manifestation to you by visualizing and recognizing what you wanted that car to *feel* like. What did it *feel* like when you got in the car? What did it *feel* like when you were driving it down the road? What was the reason, what is your *intent* for wanting this car? Because Pure Intent is very necessary now for manifestation to take place. Do you see? It's a very different process because the rules have changed to a degree, because the time element is not the same. *One can now manifest something very quickly if one is able to feel and bring it into their being.* Do you see? ["Yes, I do."] So it's a different kind of manifestation.

Q13: What do you mean by Pure Intent? Do you mean clear intent?

LBs: No, a clear intent is very different than a Pure Intent. A Pure Intent comes from a combination of, and recognition of the Soul and the Ego. Not just the Ego speaking, and not necessarily just the Soul speaking, but the two have come together and there is unification. And so the Pure Intent is that it will neither harm the Ego or the Soul, nor will it harm any other being. Do you see? So a Pure Intent means coming from a pure place of manifestation or whatever you're working with. When you're wanting something, examine the why of wanting that, because it may be your Ego speaking, and your Soul is going to keep you from getting it. Or it may be that that part of your Ego that came here to help protect you is going to keep you from getting it if you do not have that handshake between the two, that centering of your being. Does that help?

Q14: It does. And you'll know that you have the Soul's agreement if there is that ease around the third chakra [solar plexus], not that constriction? And you'll know that you have the Ego's agreement if there is no fear?

LBs: You must do the combination when you're checking for Pure Intent, because the Ego is more centered in the lower chakras and the Spirit, the Soul, is centered more in the upper chakras. So it is necessary for you to center and to be honest in your questioning about why you want something in your life. Do you see? ["Thank you."]

Break:

Light Beings: Welcome back.

Q15: Last month you suggested the next few months would find the vibration of the planet rising to new heights again. Five or six years ago you suggested to Joyce and I that as the vibration rose there was a possibility it would interfere with our electrical appliances and machinery. And I am wondering if we can still look forward to that in our future, or if that probability has passed.

LBs: No, there will still be some incidences, and as we had said before, there will be pockets of areas where the grid breaks down. If you will remember, you had not so terribly long ago some brown out and black outs, where they could not explain what happened to the electricity in their particular area, and there never was a concrete explanation, if you remember. And so you may see some more of that as well as, of course, you're going to see pockets of more earth upheavals, more tornadoes, hurricanes, heavier rains, floods, and that kind of thing because as there is this shift there naturally is the tendency for the atmosphere to become more erratic. And so that creates more of your weather problems. And even in that particular situation there can be, that can be responsible for some of the problems with your electrical situations. So you do not need to be fearful, but we will say that there will be pockets where that will be experienced.

Q16: I have a question also. As far as our physical body, what do we need to look forward to, or whatever, as far as changes in that area?

LBs: You are going to find that the more your consciousness...the more you bring to your awareness, the 'all-of-you'...your consciousness becomes more in touch with your soul and more in touch with what your essence is about, the more it is necessary to pay closer attention to what you put in your body, what you put into your thought patterns, and what you expose yourself to pollution wise, because there is not an entity on the planet that has not been exposed to pollutants that are not environmentally good for them, and therefore it is necessary for you to make as many efforts as you can to stay away from, or not ingest or use products that have so many of the detrimental chemicals, preservatives, and so forth in the foods and in the products that are used. So it's more important for you to be conscious of what you ingest, what you think, and what you expose yourself to. *That's extremely important as your vibration rises because your body is more sensitive than it has been in the past.* Does that answer your question?

Q17: Yes. I have another question also. In a lot of relationships, people are trying to control each other more than usual. Has that anything to do with the rising vibration?

LBs: It has to do with the fear of what is happening internally to them. They recognize that instability, and they're not quite sure what. They're waking up at two, three o'clock in the morning. Their sleep patterns have changed. Their dietary patterns have changed, things that they used to (could) eat now bother them, and they're not able to ingest. People are not as predictable as they were, and so it sets up this energy of "What's going on, am I safe?"

The only time a being tries to control another being is if there is that insecurity of not being in control of one's self. Do you understand? ["I understand"] And so, when that insecurity is set up, that energy of not understanding what's happening, then they reach out to control others to try to get some sort of stability in their life. And in reality what happens is it creates

even more instability, because if you have ever studied Tai Chi, you recognize that when someone pushes you, you instead of pushing back, you give and then you're able to have much better control of what's going on in your energies. Do you see? So, that is the difference of what is happening now and in the past, because people are raising their vibration, and therefore consciousness is becoming much more necessary.

Q18: So, if we have someone who is trying to control us in a realm that we can give in to, is it to their benefit and wiser for us to give in, or to stand our ground?

LBs: Let us try to help you understand when that choice should be made. Many times one is not wanting to give in because the ego is stepping in, the ego is afraid that something is going to be lost. Do you understand? ["Yes"] So analyze when you are in that kind of situation, "Is this ego speaking, that's wanting me to push back, or is this something that is necessary to maintain integrity in my essence, and maintain integrity in who I am". Do you see the difference? ["Yeah"] Ask yourself that and then it will be easy for you to decide whether you want to push, or whether you're just simply going to just flow with what is happening.

Q19: A question about the path I'm on in terms of my career. Will there be a change in the next few months, will it involve moving, is there anything else that could help me prepare myself for that change at this time?

LBs: You are...and when we say this we want you to understand this is nothing for you to fear...but you are definitely on what we would call a precipice, or the...you are standing at the abyss ready to make this giant leap forward. And so, change is going to be necessary for you to be able to make that leap, but the change may not be as you're sensing it's going to be. It may be first of a more tremendous internal change. Do you understand what we're saying? ["Uh-huh"] And when that takes place, then the energies around you are going to change and you're going to be drawn into a different way of being, and a different way of spending your time. But it will be first this big internal change that is going to happen, almost like a huge "ah-hah".

Q20: Does that involve letting go of the ego?

LBs: Yes. Not so much ego, as...We speak of ego because...It is more letting go of some patterns and thoughts that you have had about yourself since childhood, and you're going to recognize that you're not really who you thought you might be. Do you understand? But that you're 'much more than', and you're going to allow this to come in. And eventually you're going to recognize that much of who you thought you were was who others thought you should be. Do you see? Do you understand?

Q21: I think so. So potentially it might involve more of what I thought I should be or wanted to be when I was immature?

LBs: Yes, and who others, even though it wasn't necessarily a verbal kind of suggestion, there were others that influenced you, and you tended to take the path of least resistance, so to speak. Do you understand? ["Yes, thank you."]

Q22: I'm working on teaching a class on photo-rejuvenation with the use of light. I'd like any input you'd like to give me on things I should be utilizing and using, and some places I should go to learn that. And I'd like to thank those who guide me in the directions that I've been taken.

LBs: Yes. You are definitely on a path that is going to explode in the near future. It has already become quite expansive in some areas of research, the use of light and the recognition that light is *truly* the energy source of the cell of the inner being. And so by understanding what light truly is, one will be able to, as you are saying, to regenerate in many areas, and the regeneration is truly, ah...this is a science that is just beginning to be explored. It is still not recognized as a true science. It is still in what you would call the theory area, but it is going to be found fairly soon in some research that it is light and sound that generates all physical energy, and the use of this light is extremely important in reenergizing the cellular structures of the body.

So there is a lot of information. If you haven't already gotten involved with Liberman [*Light, Medicine of the Future*], there's tremendous amount of information in some of his books. In the work of Ott, there's been much work done in that area, very basic kind of information. But where you're really going to get the greatest information, but it may be difficult for you to dig through, is where the research is being done on the photons.

So if you want to really investigate that more, you might look at quantum-biology theory, and look at what some of the universities are doing in the way of quantum-biology research on the photons. And that will give you even more insight about what you're actually doing in a more, of course, exterior way, but it will give you that tie in that will help you understand why what you are doing is going to be important, and how you can educate, because part of your gift is going to be to educate, to express and open the door for people to understand more how they can extend and make more quality in their being.

Q23: Thank you, I've always been told that often I didn't receive the information I should have gotten because I didn't ask the right question. So, I suppose my final question is is there something I should know I haven't had the wisdom to ask?

LBs: It is not so much that you don't ask the right question. It is more that you are keeping your need to ask in a much more narrow way. If you would let yourself go, you're creative enough for the questions to flow, but you feel almost like a guilty because you *do* get information, and you don't want to abuse that, ["Yes"] or misuse that, or have the edge on someone. And you do not need to be concerned about that. Allow yourself to open and you have the gift to be able to receive information.

Q24: Can you tell me something about my destiny in general?

LBs: There's no real way to tell someone what their destiny is in general other than you have the same destiny that every being that incarnates has, and that is to learn to experience joy. That is the general reason to incarnate, is to experience, and to expand. And anything that you do that prohibits you from expanding and experiencing joy is limiting you in accomplishing your destiny.

Q25: A scientist, Tom Bearden, has patented a machine which can create more output of energy than input (referred to as a free energy, "unity" machine I believe), and he is published on the web at [cheniere.com](http://cheniere.com). Does his device have a future use?

LBs: Unfortunately, what many times happens with someone who develops something that is of a basically new nature, or that is not acceptable in the mainstream, their invention, or their ability to bring it forward lags for a time. It will be perhaps 7,8, maybe even 12 years before someone else is going to be able to take that same idea and expand on it enough to make it commercial. But *it does have validity*. Is that answering your question? It will... In other words, he's going to have trouble getting it off the ground not only because he does not have the

financial backing needed, but because it is so different than ah... it is much like many of the other free energy devices. And he's not the only one developing at this time. There are many that have not necessarily that particular device, but various devices that are able to capitalize on energies that ah... and it works. But it is not... they either do not have the financial backing, or they're not able to present it in such a way that it becomes commercial.

And it takes a little while for it to manifest. If you go back and check on, for instance electricity, Edison was not the person that invented electricity or the ability to use it. And you can go back on many; for instance, Ford was not the person that invented the first car.

Q26: Are you suggesting then, that after a period of time this device or one similar to this, will make a general inroad into the production of usable consumer power?

LBs: Let us say if you go back to what we were talking about with the quantum-biology, there is a similar kind of ability to harness energy, so to speak, with sound and light with inanimate objects as well. It has not been brought yet into enough of the general scientific field for it to be manifested.

Q27: It's the mind-set, the huge sluggish mindset that he has to deal with?

LBs: That is correct, but it was used, it has been used before on this planet.

Q28: Oh, the one about the photonic, bio-energy, you mean?

LBs: Yes. ["Thank you"]

Q29: There was a recent channel by an entity or a group of entities that call themselves Tobias, and in it he said something along the lines that there is a light energy and a dark energy, and that we have attributed everything we disliked, everything we don't approve of, aren't comfortable with to the dark energies, but in fact it is in the dark energy that our divinity lies, and that we need to bring it forward. And I wonder if you could clarify and expand on that?

LBs: It is so difficult many times to explain something on a planet that is polarity, because you see black and white and you see dark and light, and yet it does not seem to occur to the average entity that without the dark you would not be able to have a planet, because it is necessary for you to have both light and dark, for you to have the sun and to have the darkness. It is necessary on a planet of polarity to experience both dark and light. And so what they were trying to explain is rather than turn away from the darkness that you are exposed to, if you can learn to embrace it in such a way that you do not judge it, then you will not need to participate in it. Do you understand?

Q30: I do. So it has to do with judgment, not expression, but judgment?

LBs: That is correct, and again it goes back to what we were saying about separativeness. The moment you judge anything you have created separation. Do you see? And so, if you are not judging it, then there is not that separation that makes wrong and right, dark and light. Is that understood? ["Yes"] It gets difficult for one when one starts looking at something that they see as evil or bad or harmful. But what they're not recognizing is that the person that is involved in that experience is experiencing because that is their position in this incarnation, their choice in this incarnation for the experience. And that's a very hard thing sometimes to be able to

embrace. But what you will find if you can embrace instead of judging, you will find far less darkness in your life because you will not have the need to recognize and experience. Does that help?

Q31: It does very much. Thank you. So, one will not be able to experience their divinity, so to speak, so long as they're excluding any part, as long as they're still judging?

LBs: Not excluding, that is not a good word, but not judging. ["Not judging"] Yes, not judging. In other words, the moment you judge whether it's dark or light you are *relating* to that darkness. You are *being*; you are putting energy into that darkness. Do you see? When you judge.

Q32: Does the act of judging bring forward parts and aspects of ourselves, the shadow side of ourselves that has been repressed because we perceived it as a negative?

LBs: That is true, because you are very aware of what the mirror concept is. And many times one will bring into their energy field something that they cannot look at in themselves, so they will bring it into their field for it to be looked at. So many times that is a true statement; yes, that the shadow self appears as somebody else because it is the denial of that part of you. And so, you're externalizing that part of you that you're in denial of.

Q33: With respect to the earth changes that we're seeing right now, do you see significant, catastrophic things happening between now and 2012 to earth and human kind?

LBs: Let us say that there are going to be pockets of the earth plane that are going to have some very catastrophic events, but there will be portions of the earth plane, those especially that have worked in the light and have, should we say, reached a point of a vibrational level that they do not *pull* in the energies that would create some of this darkness or the pockets, but it really is not even something for you to be so concerned about, because...how can we say?

You came on the planet to experience, and you're going to experience various things according to what you perceive. And what one perceives as catastrophic and darkness, another will go through without suffering. They may experience, but there will not be suffering that's connected with it. Do you understand what we're saying? *It's the fear that creates the true chaos*, the true catastrophic event. Are we helping you understand what we're saying? ["To some extent"] Yes, and so yes, where you're going to see these pockets, or where there has been a lot of fear gathered among groups of people. And sometimes this fear has been there for generations and it is now playing itself out, just as you're going to see pockets or areas where there truly seems to be peace on the earth and a really beautiful way to live. And that's what these people have manifested, so to speak. But it is...that gets very complex and complicated because to say because someone is in a dark area [that] they are dark is not true at all. They may have made the decision to be there as light workers, to help with the dark transitions. Do you see? It's much like what happened with the 9/11. There were many that chose that path that seemed very dark, but in participating opened more hearts than could have been opened in years and years of effort through any other method. Do you see?

Q33: Is what we see as darkness the resistance to acceptance of what is actually happening even though it's perceived in different ways?

LBs: What you see as darkness is simply fear.

Q35: Is there anything you'd like to say in closing before we say good night?

LBs:      Only that as each of you are experiencing the vibrational shift, and as your life gets somewhat chaotic at times, and you're not experiencing, perhaps, the gentle riding along, but you're having a few little bumps with the changes in the planet, try to understand that the most important thing is there can never be love and fear in the same place. And if you can stay in that place of love, then you will share and enjoy experiences without feeling the fear. And you will find that even though your life may not be the white picket fence that you used to dream about you will still find great peace and joy. And that is what you are wanting to look for; not that your life is perfect, or that your life is manifesting in every way that you wanted, but try to make the effort to remain in love as opposed to fear and you will find that the joy will be there. Thank you for joining us.

Group:      Thank you.

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