

Joyce Cary: "I surround myself and this group with the Christ Consciousness and the White Light from within and without. I ask that my ego and personality step aside so that I may be a clear channel for information to come from the highest source possible, and I ask that this information be for the highest good of any who read or hear it, and I thank you in advance for the information."

Light Beings: Good evening. We welcome you and those of you who are fairly new in joining the group. We hope you will be comfortable with the energies. And those of you that have been here for many, many times, we hope you too will get new information to carry with you in this changing period of your humanity. So, at this point we now will open for any questions that you might have.

Question #1: I would like to ask if there is a particular energy right now that affects the feminine functions of the body.

LBs: Are you speaking of the physical or more of the energies of a feminine self?

Q: Both.

LBs: The energies of the feminine self are becoming more and more dominant on the earth plane to balance somewhat the many, many centuries of the male energy being the dominant, so that what is trying to happen now on the, not just on the earth plane, but universally, is a better balance of the male-female, or a better-ah, that's more on the earth plane- and universally more a balance of the expansion of energy as opposed to contraction.

It is necessary for the planet to be able to recognize now this feminine energy that is entering, and understand *the energy is not as perceived*. Many perceive feminine energy to be docile and not very action oriented, and that truly is not necessarily the way the feminine energy manifests. So you're going to see some confusion now, both in male and female, especially those that have not balanced their own energies. If you have a male who has denied his femaleness, at this time he's going to be much more uncomfortable with the energies connected with the feminine, because it is going to manifest itself more, and he will see more mirrors, and he will be faced with many times the necessity of understanding more what the female self, the female part of him is about. If he does not, he's going to find himself being extremely uncomfortable. And that will also be true of the female who has denied her male self. You're going to see many times this imbalance showing through disturbances of one kind of another within the being. So, yes, to answer your question, the female energy is more prevalent, and it is coming in to the planet, but it is going to affect the individual beings. Do you understand?

Q2: Yes, and on the physical level, as far as the feminine body, are there changes there as well with the organs and so forth?

LBs: Not necessarily in the respect you are thinking, no. It will be more of a subtle change of energy and a necessity for a better balancing of male-female energy. So if one has more of an inclination to be in denial of their masculine self, the feminine in denial of their masculine self, then they may find that they have, that it is internalizing through female problems. Do you see? {"Yes"}

Q3: I have been around healing, spirituality and metaphysics for many decades now, and feel during these quicker energies a need to open to new avenues of growth for myself. I am looking for a new path. Do you have anything to say to me on this? I also am interested in any other information on crop circles you might want to share with me.

LBs: Yes, well let us first answer your first question because that is one that is of great importance to many, many people. You are absolutely correct in recognizing that the energies have speeded up, so to speak. The vibrations have shifted, and so many are finding that life is moving much too fast for them to even grasp what is going on, on a day-to-day basis. And it has a lot to do with what they are pulling into their field, whether it appears to be a positive movement, or whether it appears to be more of a contracting movement, one that is not necessarily pleasing to them. So that has to do with what they are projecting and what they are perceiving within their own psyche, what they will bring to them.

In your particular case, you are right in that you are leaving many of the schools of thought that you at one time entertained; and part of the reason is that you need to get more in touch with your creativity. And what is going to happen many times now with those that have been on the spiritual path is they're going to find that they still may use some of the tools that they learned to use, but they are not going to have the need for many of the disciplines that have been taught for years and years, because they are going to find it necessary to blend their belief systems with their day to day lives in such a way that they themselves are becoming more intuitive, more in touch with themselves, and have much less need to look outside of themselves. Do you understand what we are saying? And that is what's happening to you, is that you're no longer needing to look outside yourself as much. You know a lot of what you need to know, and you are beginning to listen to information as it comes to you. Is that not correct? ["Yes it is, thank you."] Yes. And so that eliminates the need for many of the external teachings that might have appealed to you at one time or another. Do you understand? So, but we would recommend that you explore more your creativity, and as you begin to expand in that particular area of your life you're going to find you're more in touch with the Source than you have ever been.

Q: That's what I'd really like to do. I appreciate that statement.

LBs: And for your second question concerning crop circles, are you just wanting to know about them, or what is your exact question there?

Q4: Are they a communication from another source, another dimension? I think they have always been here. I don't know exactly what they're telling us. I think they're absolutely beautiful and like them for just the aesthetic quality. I know there's a lot deeper meaning to them. There must be a communication because of the changes in them. Are they man made?

LBs: Some of them are definitely created by; they are man made. Some of them are. But many are not. Many are created from energies from another dimension. And a part of the reason for it is, as you say, communication. If you will look at many of the crop circles, they have, they are tied in with either sacred geometry or with spirals with various kinds of symbols that have been of great importance throughout your entire history.

But some of them are symbols that will be recognized, perhaps not quite yet, but will begin to be remembered by many of you who existed during the period on the earth when these symbols were used by those that implanted seed on the earth that helped originally start your what you call mankind. And so it is connected to those earlier symbols. And it is a matter of helping you to remember much of.... In other words it's almost like unlocking a code. Do you

understand? So, that many of the gifts that were taken for granted will now become, once again, available to individuals. So it is a part of that energy that is going to help open, and make that possible in individuals.

Q5: With the crop circles, and the energies being opened by them through the designs you're talking about, is it necessary for the circles to be photographed and distributed on the planet so that people can be aware of it, or is the energy alone, without being even seen or photographed enough in its own right to help open up these individuals?

LBs: Yes, it creates the energy, and that's what is actually going to be transmitted to those that are capable of receiving. It's going to be like an unlocking. We are going to see on your planet...you are going to see on your planet in the next 10 or 15 earth years that many, many are going to be able to tap into abilities such as healing, interpreting from mind to mind, speaking from mind to mind, using various energies such as color and sound in ways that are *extremely* beneficial. All of those things are going to be remembered, and part of the reason is the unlocking from these crop circles.

Q6: But again, does the energy of the crop circles need to be distributed by the press for the people to be aware of it, or does it just have to exist on the planet for them to be able to pick it up where ever they may be?

LBs: It just has to exist on the planet. When the manifestation is made, the energies are released. Of course, when one *sees* the symbol, that also is powerful.

Q7: It's interesting because the symbols are there for a very short period of time and then they're gone.

LBs: That is correct. But it is much...if you will study some of your sacred geometry, you do not see an angle of the dodecahedron. You do not see that energy in that angle, but the energy is there. Do you see?

Q8: After the dodecahedron has been removed. Is that what you are saying?

LBs: Yes.

Q: It lingers

LBs: Yes.

Q9: I had the good fortune of spending a week in Salisbury, England and going to conferences on crop circles, visiting them both by going inside them and flying over them. Many people were affected by the energies, both positive and negative going into them, and some got very sick when they came into them, and the rest of us were OK.

In the conference there were microscope droplets of water showing the same design in the droplets of water from the crop circles, which I thought was absolutely fascinating. For those of us that did go into them, we were there all week long. Was it a stronger kind of encodement for us to be there actually in the crop circles and experiencing the energy?

LBs: Yes, of course, because it is the same, as again, going back to your dodecahedron, one may experience the energy after the dodecahedron has been removed, but one that sits under

the dodecahedron is going to feel a greater power from that energy. So, yes, of course, it will manifest itself in ways that are more powerful if you are actually there were the energies are dispersed.

Q10: If someone built a tank of water in the shape of a dodecahedron and someone was immersed in it, would the effect be stronger yet because our bodies are mostly water?

LBs: Yes. We say yes, but that gets very tricky and let us explain to you why. *Water changes its form according to intent*, so it would have a lot to do with the intent of the person that is in the dodecahedron, and the intent of the person that is manning the facility. Water definitely responds to intent.

Q11: Any particular focus on any water by anyone anywhere alters that water, is what you're suggesting?

LBs: That is correct.

Q12: My friend would like to know who his archangel is.

LBs: First, let us say that it is man's need to name things that creates the names for the archangels that you speak of. But if he wants to identify, the nature and the qualities that are given to Archangel Michael are most connected to him. Does that answer the question? ["Yes"]

Q13: What is my friend's and my connection in a general sense?

LBs: It is rare that you connect with anyone on any deep level at all that you haven't spent many lifetimes together. And in this particular case, that is the same, but the connection that is greatest for you were as brothers in Greece, and you enjoyed each other's company very much, but as you began to mature there began to be a rivalry between the two of you. And so in this lifetime you have the capability of mending any of the distress that that rivalry might have created for you. So it is something that you may be aware of.

Q14: Thank you, because the energy of our relationship feels very family related.

LBs: Yes.

Q15: I'd like to know a little bit more about this porthole that has been discovered on my property in Hawaii, and I've even been told there is like a crystal mountain underneath the property, but if this is etheric or not, I don't know. I've also been told that this area goes back to Moo and Lumeria. If you could give me any light on the subject, I'd appreciate it.

LBs: It is correct, it does go back to Lumeria and it was a... Part of what creates portholes is a lot of very deep energy work during a particular period of history. And that energy work gets so implanted in the earth's being that it remains for many, many eons sometimes. And in your particular situation that porthole was created through what you would call in your present day a temple and ceremonies that took place in that temple for many, many years, a hundred and twenty five at least of your earth years that there were ceremonies and many, how can we say...works of healing, again working much with sound and with crystals which is one of the reasons your friend picked up that you needed to plant a crystal because it resonates very deeply to the crystal energy, because crystals were used quite frequently in the ceremonies that

took place over this area. It was an area of about, you would call a five, six-mile radius that many would gather, and there was much energy that was distributed there and it was implanted deeply into the earth. And because there has not been even ever since then any kind of contracting energy that spent any length of time in that area, it has remained a pure, as you call it, vortex. We would say it is more of an energy that is expansive.

Q16: I was told that I purchased that property because I am the gatekeeper for this, that I had chosen to do this way back when, and to come back so I could open this property up for others to come for the healing energies that are there.

LBs: You recognized that you had come home. ["Yes"] Because you were from Lumeria and you spent quite a bit of time in that area, a lot of work. And you're going to find yourself very drawn to a lot of the old kinds of healing arts once you are there any length of time. You're going to feel yourself called back to the earth.

Q17: That's interesting, because I've been told I'd come full circle.

LBs: Yes, that is correct.

Q18: Thank you. I have a lot of work to do there, right?

LBs: Yes, and not only are you, as you say, a "gate keeper," but you are going to bring many to that area that will be able to then take some of the energy from there, and they will also have remembrances, because many of those that you're going to draw are going to be those that you worked with in Lumeria. There is much gathering now of Lumerians and Atlanteans, many gatherings.

And so, many of you that are even here tonight were either a very active part in Atlantis, or in Lumeria. And so there is going to be a great gathering again of that Lumerian energy, and you are going to be the magnet that pulls many of them there.

Q19: What is the purpose of the current gathering of Lumerian energy?

LBs: They had an energy that was, it was more of the feminine nature, but it was also a very high level of understanding of what *you* would call universal love. Much of their energy was built around this expansion of love, what you would call universal love. And so it is now time for them to help others learn at this point of your history how to open back up to that love, to that acceptance of each entity, of helping people understand that judgment is so contracting, and lack of judgment, lack of separation is so expansive.

So, part of their mission this time is to help with that remembrance.

Q20: I'm going through some things now with my dad. Can you enlighten me on some things to expect, or how to deal with it?

LBs: There are several things that you are experiencing as you go through this difficulty with your father, and of course, one of them is helping you learn to, we will not say, what would be a good word? We want to choose the correct word for you so that you will understand. Not necessarily to 'disconnect', but to be able to step aside enough outside of your emotions to recognize that this is a soul that has created a path for himself that you cannot change. And there should, or could not, how can we say?

Many times what happens between a child, no matter the age, and a parent, when the parent becomes aged, is this guilt of not doing enough for the parent because the parent is 'the parent'. And it is necessary for you to be able to understand that there would never be 'enough' for you to feel, for you to unhook from that guilt. Do you understand what we're saying? ["Yes"] So it is important for you to recognize that he is on his path, that he has chosen at some level to be in the situation he is in. And other than your compassion and your lack of judgment, you are not obligated to do more than you can do in a way that is not going to be deteriorating to you. Do you understand?

Q: I do. I just need to leave it alone.

LBs: Yes. Not necessarily as we say, 'disconnect,' but to understand that a lot of what is driving you at this point is from an emotional nature. Let your heart lead. Let your heart lead without judgment and you will never go astray in how you relate to him. Do you understand?

Q: Yes, thank you.

Break.

LBs: The energy is rather congenial tonight, but it is not very alive and vibrant, as it could be. Are you feeling this? Are you feeling that you may be somewhat drained? [Many yeses.] Yes, and this is...part of this is...Let us speak just a moment about this because it will maybe, perhaps, open you to understanding a little bit more how universal energies can effect. You are very aware of the problematic situation surrounding your lower, South Eastern part of your country? At this present time? [Yes] It is creating a lot of fear. There is a lot of fear based energy surrounding that entire area at this point in time, and so that feeling that you are having like someone has let the drain, has pulled the drain, so to speak, you're losing some of your energy has to do with that fear. And it may not be your fear that you're feeling, but the energy is there, and it is easy for those of you that are sensitive to pick that up, and maybe not interpret it as what it is, but it is tiring, tiring to you. Do you see? [Yes] So that is part of what you're feeling right now. And it is very import for you, if you want to reverse that feeling, to surround that entire area with as much gold light as you can, and also surround yourself with a lot of white light, and then that area also in white, so that you're expanding the energy and helping to dissipate some of the fears that are being felt. And you'll find yourself regaining some of your energy if you do that.

Q21: If a great body of people down there are feeling fear at the same time, my understanding is that their energy would be contracting; their personal energies would be contracting. Is their contraction of their energy en mass the reason my energy is being pulled 'away' from me?

LBs: It's that you're picking up on that contracting energy, and contracting energy is always draining. It does not expand your energy, it pulls it in, and you're not understanding what it is, and so you're not necessarily reading it as fear, you're just knowing that you're tired, that you're feeling drained for some reason. And it's that you're actually picking up that energy.

Q22: I've been learning from you that when an individual feels fear, their energy comes inward, contracts inward. And so, you're saying our tiredness is a similar thing? It's a contracting inward? And yet you're using the word draining. Draining is just the experience of the feeling?

LBs: That's the experience of the feeling, and it's contracting, you're absolutely correct. And that's why we're recommending that you visualize the gold and the white, which is very expansive, and it will help you with your energy level, and also help those who you send the light to.

Q23: Does the hurricane, the weather feed on that fear? Is there an interplay between what the weather is doing and what the people are feeling?

LBs: Yes. Yes, it is a dance, so to speak. That is absolutely correct.

Q24: Do the people in Florida create the hurricane to some degree, or intensify it?

LBs: It would not be fair to say that the people in Florida did that, but because of so much contracting energy throughout the planet, the earth is belching, so to speak, some of this energy. It's ridding itself of energy that is not productive for it. And it happens to be right now coming towards Florida, but it's not necessarily because the people in Florida brought it to them. It's just that the energy is there on the planet, and of course the more fear that is felt, the more prone, or how can we say, the more it builds the energy of the hurricane.

Q25: I've been wasting too much of my energy worrying about my job; fear to lose. How is the situation with my job?

LBs: There are many, many that are dealing with much of the same thing you are. Things are changing rapidly in the workplaces, and jobs are changing their description, changing the need for certain things, things are being done differently now, there are different needs than there were even a couple of years ago. So there's lots of shifting going on and you are feeling the results of that shifting, and are not feeling secure, not necessarily a lot of reason for you to feel insecure in your job except that you yourself are feeling somewhat like it might be time to make a change. And yet you're not wanting to see that. You understand? [Uh-huh] And so one part of you is afraid you're going to draw that change to you. Ride with it and do not concern yourself about it. It is not important whether there is a job change or whether there is not. What is important is for you to recognize that it's time for you to take that step forward in some areas that you have great love of, and have not allowed yourself to participate in. Do you understand what we're saying?

Q: Yes. Thank you.

Q26: I have been in groups that have studied different kinds of energies, and a lot of times people will tell you they have more experience with the Diva energy or the Angelic energy, or the cosmic Light Being energy, or other planet energy or whatever. And I see everybody as One, and I always felt that there may be some truth to this, that someone may demonstrate a certain affinity to certain energies, but it seems like it is always separating us into little categories like "I'm an Angel and you're just this little Diva person." I feel we have all had experiences of one kind or another and that we share these, but that we're pretty much all One energy.

LBs: You're absolutely correct in as much as what we were saying earlier about it seems to be your human nature to have to name things. And so, there are many that get very tied to an energy and give it a name. That is what has caused many of your wars, are the different belief systems that have named different avatars, or have named different energies that have

manifested on the planet. And then a group of people will give that a name and identify with it, and then immediately there is separateness. So you're absolutely correct. There is no hierarchy as many have proclaimed in the energy world. And that is part of why when there have been questions where this [The Light Beings'] energy is coming from, we tended to say there was no name, no particular name, or no particular personality, or no particular connection to a particular hierarchy, because once you give it a name, you are separating. And all energy comes from the Source. And it simply is different facets, or different ways of manifesting, or portraying, or using the energy. So yes, you are correct. The more one tends to say they are of a particular energy, the more they are playing out the game of being separate, not really being a part of the Source energy.

Q27: I have a question about my home. I have been feeling depressed for the last year and it revolves mostly around money. We have a house that is developing some problems with the foundation showing signs of sinking, and this is causing our walls to break. We have tapped into retirement money to solve the problem. I feel like it may be bankruptcy or I may have to find a bridge job. It is a very difficult time for me. Is there any thing you would like to say about our home repairs, possible move, and belief system surrounding money?

LBs: Yes, well first let us say to you that many times when something goes awry in your home [you might want to] take a good hard look at what it is, because many times it is a message for you. And in your case, perhaps, it would be good to look at your foundation, which is your belief system. And recognize that perhaps that belief system may be crumbling, and you're having some difficulty with recognizing that it is OK to let certain beliefs go if they're not appropriate any longer for you, or not workable. Do you understand what we're saying?

Q: Yes. And it's like huge chunks are falling off. It's surprising.

LBs: Yes, just as it is scary for you for your house to be, the foundation not to be firm, it is scary for you for your belief system, because you have up until fairly recently had a very solid belief system that you didn't want shaken in any way, and now you are beginning to see, as you say, big chunks falling away from that belief system, and there are many cracks in what you thought was at one time a very solid, and was forevermore going to be that way.

And so, it is a matter of your learning to be more flexible, and more understanding of your own ability to change, to understand that in this particular time on the planet it is extremely necessary that one understands, and is more flexible, that one understands that beliefs can fall away and new beliefs, or better still, *lack of beliefs* can create a much fuller life, a life that can be much more rewarding. And as far as your feeling around money, you have the same issue as many, many people have; not understanding that money is nothing more than an energy exchange. And as long as you are afraid of that exchange you will never be able to bring abundance to you. It's a matter of understanding what money truly represents. Do you understand?

Q: I'm beginning to.

LBs: So, it is...what you're going through may seem difficult to you, but if you can simply realize that it is stripping away much that has impeded you from growing in many ways that you could grow...And now this is going to give you the opportunity, and as far as looking at whether you need to go, you're going to go bankrupt, or you're going to have to take a bridge job, none of those things are truly as important as allowing yourself to accept that it is perfectly OK to strip

away, or allow to fall away beliefs that no longer serve you. Again, you do not have to be what you pictured yourself as, or what you demanded of yourself.

Q: I feel like I need to lighten my load.

LBs: Yes, you need to lighten your attitude towards life, and allow fun and joy to come in instead of being so serious about everything that happens. And many are in the same situation you are. They've not quite recognized that the important things really have no real rules around them.

Q28: You bring up the word joy again, and I have a friend visiting from overseas for three months. Is one of the main reasons he is coming here to not only exchange information, but to enliven my seriousness?

LBs: That's a very important thing for almost everyone at this point to recognize, is that...how can we explain this in a simple way?

As the vibrations rise, both of the planet and of individuals, it should become much more apparent that the rules that have been played for many, many years no longer apply. And, therefore, a lot of what you took as very serious at one time is really not even a part of your manifestation now, [there is] not a need to be a part of it. So, it is very necessary that you learn to release some of this, these ideas you have about who you are and what your life needs to be, and *just allow*. And as you begin to just allow, then the joy can come in. But as soon as you are determined to *make* something happen, instead of allowing, then you're going to find yourself back in the old rules again, and they don't work any longer.

Q29: But we can take precautions, just like we eat well to preserve our health?

LBs: That is true, but if you will notice, those that are fastidious or fanatical about diet are usually the most unhealthy, because they take it too seriously.

Q30: Should I continue to see my therapist? Is this a person who can be of benefit to us?

LBs: Let us ask you one question. When you leave the [therapist's] office, do you feel expanded?

Q: Yes, yeah, I think so, to a degree. Yes. It's like an opening.

LBs: As soon as you quit feeling expanded when you walk away from there, you will know it is time not to go back. When you cease to feel expanded when you walk away from the meeting, then it is time for you not to go back.

And that is a good rule of thumb for everything that you do. If you do not feel expanded, but feel contracted, you will know that you need to take a good look at what you are doing.

Q31: It's very helpful, because it's listening to our inner voice.

LBs: Yes.

Q32: Unfortunately, a lot of this is playing out in front of a 12 year-old child, and sometimes I think mistakes can be such teaching tools, and I think he's witnessing his parents making lots of mistakes.

LBs: Yes, and he brought a lot of practicality into his life, with his birth, he brought a lot of practicality there. So, you're not going to trip him up too badly.

Q: Oh, wonderful, because I was hoping it wasn't so messy that the mess didn't influence him.

LBs: To be very candid, in the energies, he is the father and you are the children.

Q: [Laughter] No. I have this difficulty with him in that he's so competitive. He loves sports and he loves to fight it out and get in there, go for the gusto. I'm going like, calm down, get a grip. He's so macho, this male energy is so new to me that now that he's becoming a man, or young man, with all the body and voice changes, with the needs and starting to hook up with girls and this and that, I'm finding it....maybe I'm the one that's contracted around the fact that he's so competitive.

LBs: Yes, he has a need, as do most young men, to express who he is. And he has more confidence than you might even be aware. So do not be concerned in that respect.

Q33: Do I have to compete with him, though?

LBs: You would be much better off stepping back and allowing him to play his role now, as long as he knows you're there for support.

Q: Or you could get out the pom poms.

Q: Get out the what?

Q: Pom Poms. [Laughter]

LBs: That is correct, that is correct.

Q: [Laughter] Or you could just become a soccer mom.

Q34: Well, I've been actually debating it lately, because I was discouraging him from taking the hard road as I saw it. Sometimes when you choose to be too competitive it's a hard road, it's a hard road to walk.

LBs: But that really should be his choice.

Q35: Speaking of hard roads and hard choices, my daughter has drawn something into her life now that may be of great difficulty for her and for me as well. I don't really want to go into the detail of it, but is there anything you can offer to me and her at this time to deal with it?

LBs: She has chosen. She knew she needed to make a totally different choice, a different way of life, but did not have the—we will not say courage, because the young woman does have lots of courage—but she did not have the ability to turn away from peer pressure. And so, she almost walked into the situation with her eyes open, knowing it was going to create something so drastic that she would *have* to make a change. So, her soul chose to do something that would *shock* her into making a change. And it will be ultimately for the good.

Q36: It will? For myself, it is so difficult to not want to jump in and do what I can to fix it, and yet I know I shouldn't be doing that. For myself, should I just pull back and let her deal with it?

LBs: Be supportive, as far as being a mother, but do not try to fix it.

Q: Do not try to fix it?

LBs: No. She chose this, as we said, because she saw no, her soul saw no other way to make a major transition. So what she's going to experience is going to create the kind of environment that will make her so aware that there is a need for change, that she will then be able to make that change.

Q37: So I should just truly step back, and if she asks for my help be there, otherwise disengage?

LBs: Yes.

Q: OK. It looked like she walked into it with her eyes wide open. It looked like she just chose it..

LBs: Yes, because she truly knew at a deep level it was time for a change, but had no way of knowing how to make that change because of the pressures.

Q: OK. All right. Thank you.

Q38: Last Fall I was at a Melchizedek conference in Dallas, Texas and at the end of the conference I took a photograph. And in that photograph, when it was downloaded on my computer, we were working with Mer-Ka-Bas and an advanced form in using sacred geometry, and there was a picture of one on the screen. And in the photograph they were all over the room in form, different shapes and sizes around people. And I was really kind of shocked when I saw my photograph.

Just this past week I was teaching Reiki to a student, and I always take pictures of my students. I do an activation every morning, and I did what I call a Peace and Harmony prior to, and then I took her picture. I downloaded that down into the computer, and there they were- all around her! And it kind of surprised me because I was thinking before that they came from the collective consciousness of those working at the conference. And I'm wondering, is my consciousness now working with manifesting these forms as well?

LBs: That's a rather complicated question, because it's complicated in trying to explain to you in earth terms. Those energies are present, and you have the ability to create such an opening that, when you're working with others, that the energies make themselves known.

Much of...let's see if we can think of an analogy...That's probably the easiest way to explain it, is that you have the ability to create the opening for these energies. They're there at all times, but you have the ability to create the opening for them. When you're working others you will notice that it will always be when you are coming from that place of wanting to share, [Uh-huh] and wanting to join with another in a higher level of consciousness? [Uh-huh] You will notice that's when they will be most available. But this may be something that happens to you rather frequently, and we would go one step further and say that it's very possible for you with intent to use these energies in a very powerful way in your healing work.

Q39: We call them cosmic spectrograms of love and they're multi-layered forms. It's very interesting. I'm fascinated to see them in a photograph totally unrelated to the other, the same forms in different shapes and sizes. It was just in one, not in any of the others.

LBs: Right. But that is why, because you have that ability to create that opening, to bring that energy in.

Q40: When we have that ability, and those that use, say, energies that are there. Are energies of both the light and the dark in those energies, or are they just energies that are connected to the person's present state of being?

LBs: When one is working of the Light, and especially in healing work, it is very...we will not say common, but it is a very...Very often one is able to tap into other energies that are of like vibration. So, if that is the case, obviously it would not be of the dark. It would be of the light, those energies, because it is of that vibration that one is working on. One would be pulling that kind of energy to them.

In this particular case, because she works very frequently with a higher energy of healing, both in her active work, and in her mental state, she has connected with this light energy and is able to then bring it in, to have the opening for it to be there. And she actually has worked with this enough now that it can actually manifest itself to a degree in a photograph, much as one can see an aura.

Q41: So forces of the dark, called 'demonic' energy cannot be brought in because they are not of 'energy'?

LBs: Those energies could be brought in if one's intent was such, and so contracted, that it would pull in those kinds of energies, yes.

Q42: Thank you, Light Beings. Is there anything you want to say to anyone in this room or anyone else, since we're going to put this on the web; that you would like to say in closing?

LBs: Only, that as we have spoken many times in the recent past, there is a major shift in the social change of the planet, and much as we have spoken tonight, it's extremely important that one learns to live in joy and that one recognizes that there is no separateness, but that the energy is there for all to work with and to pull from, and that if one wants to 'open,' the information is available so that one can be guided on a daily basis, and will no longer need to struggle and need to believe that life has to be hard. So if we had one thing we would like to share with you, it is this could be a planet of joy if you would only recognize that the rules and the boxes you have put yourselves in are self-imposed.

Group: Thank you.

LBs: Thank you for joining us.

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