

In this channeled Q & A: Pet transitions; Thoughtful energies, the environment and saving our planet; True love; Angels; Reincarnation; movies and violence; anger, government fear of UFOs; etc.

Q: I recently lost my pet dog of 10 years. She died and I want to know what happens to a pet after they leave here.

LBs: In some respects, pets are no different than the human entity in the fact that they have entered into what you would call a dense body for a period of time to simply experience expansion and growth, and so, as in the case of your dog, it had entered a period of time when the body itself could no longer allow it expansion, could no longer allow it to experience the earth life with pleasure, and, therefore, it decided to evacuate that particular body. That does not mean that its spirit, as you might call it, or its essence, did not simply move into another dimension, and will, perhaps at another time, enter once again a dense body to be able to experience the earth plane and the growth that can be accomplished while in a body on the earth plane.

So it is much the same, except there is not the same level of consciousness that a entity has, and so it does not experience many of the same emotions and does not have as much trouble releasing the body. Many times a human entity will stay within a dense body long after it is able to experience what it came for on the planet because it becomes attached to that body and does not understand the separation or the reason it originally entered the denseness. With an animal it is far different than that. As soon as it recognizes that it can longer move forward in its present state, it will evacuate.

And so when one grieves for one's pet, what you are grieving for is that physical presence, because the essence is still available to you if you want to connect and communicate.

Q: How can this individual communicate and connect with the essence when it has left its physical body?

LBs: In the case of a pet it is very simple because there are not the complexities that keep one from communicating with the entity of a human nature. With a pet all one has to do is simply remember what it was like to connect in the physical body, but to sense its essence, not just the physical. And as soon as you sense that, immediately you can feel the warmth, once again, of the connection you had with that pet.

Q: Given the state of our planet right now, can you suggest things that every human can do to lessen the consequences of our destructive habits on the ecosystem. Also, are we at the point of no-return yet for turning it around?

LBs: Let us take the second question first. You are definitely on the very edge as far as being able to turn things around. Things have escalated in a way that we, in the different dimensions had thought were not going to escalate in such a direction. At one time there were enough light workers moving forward that it was possible to change the direction, but what happened in many of the countries was the inability to move into the decision

making positions, and so many decisions were made not of light, and, therefore, the escalation has been far greater because of that.

However, there is still much earth time left to make many changes but it will require some sacrifices. And in your United States that is difficult for many people because they do not want to give up the ease of life they presently have. So it will be determined by whether they are willing to give up some of the extravagances and excesses that are presently in their lives, and go back to a much more natural state of being that does not require so many resources. If many can do this, it will slow down the processes enough to allow some of the light workers to move into political positions. And therefore, then, decisions can be made at a much faster rate to stop the deterioration of the planet.

Q: By stopping the deterioration of the planet, I assume you are making reference to the global warming aspects of carbon emissions and things like that?

LBs: That is one of many things that are detrimental to the planet.

One of the things that you must understand to get a complete view of what is happening to the planet; it is not just the physical misuse of the physical resources on the planet, but it is the thought processes that are connected to that which are more destructive to the actual living entities on the planet, and that within itself creates a kind of toxicity that cannot be explained in the same way as looking at the emissions of your many vehicles, and your planes and your factories. Those, yes, are detrimental, but one person that allows negative thoughts to permeate their environment can affect the planet more than ten autos emitting much pollution.

Q: When you say affect the planet are you talking about the planet's ecosystem?

LBs: No, we are talking about how it affects consciousness, which then affects decisions that are made, that then affects the ecosystem. Do you understand?

It is not the use of the resources, it is the decisions made and in what way they are used. And if one is of pure consciousness, one will not make a decision to misuse or abuse. Do you understand?

Q: We all know how to be green, if we want to be, if we choose to be, with the alternatives known to us?

LBs: It is much more complex than what you are saying and we could speak for hours and you still might not understand, It is so difficult for the average entity to truly grasp that their every thought contributes to either expanding or contracting the planet as well as themselves, because every thought of expansion of light, will take into consideration what is good for themselves and for the planet. And every thought that is of contraction and fear will in like manner contract what could be good for the planet and themselves in their choices that they make.

This may sound overly simple, or it may not even resonate with you, but if you will examine what we are saying, with an open heart and open mind, you will recognize that ultimately, the only way the planet will be able to move in a different direction is

through individualized choices. And those choices will be made either of light and love or fear and contraction.

So the real problem does not lie with how resources are being used as much as how the individuals are thinking and allowing those thoughts to make certain choices. Do you see?

In other words, your problem on the planet has to do with thought processes, and until that is changed there will be a continued destruction of the environment, but also there will continue to be wars, starvation, and all of the other negatives on your planet, because it is all relating back to thought processes and the energy that they put forth.

Q: A concrete example could be.....?

LBs: A concrete example is very simple.

One has a child. And one had the child without any forethought. It was in a moment of passion with someone they lusted with and they conceived, did what the culture expected and became a couple and the child was born.

Even in the conception, the child entered understanding that it was not coming into the planet through love. So from the moment it entered its existence on the planet it had that thought process emphasized, because the man and woman that were caring for it had made a decision not because they were of similar values, and similar interests, and a love and respect for each of their own beings, or the other. And so they felt resentment for this entity that caused them to enter into a situation that they felt that they really didn't make.

And so as the child grows, as the child matures and becomes a grown man or woman—we'll say a man in this case—all through its childhood it never knew what unconditional love was and continued to receive the thoughts of both parents *unconsciously* that it was never wanted. And so in that environment its thought process became of the very similar nature, but was expanded because of the two people he was receiving from, these thoughts of not being wanted. And so his personality became one of resentment of anything that reminded him or showed him what he had missed. And so he could not envision in his thought processes what love actually was, and fears almost from the moment he was born, began to be second nature. And so instead of his thoughts being surrounded or working in an environment of love and expansion he was working in fear and contraction. And instead of deciding that he would within himself find out what made his soul sing he looked always outside himself for answers, and because like attracts like many times, he would surround himself with others of a similar fear based thought process, and before he recognized or realized what was happening, he began to try to stop this feeling of not being wanted by getting himself involved with other members of a like-mind which you would call now a gang. And so from that point on his choices are made for him by society because ultimately he will end up in prison or in war, or even if he pulls back from the gang and marries and tries to live a 'normal' life it will be one of conflict, anger, frustration and pain.

The only way he will not follow that pattern is if somewhere in his life something helps him recognize how he is *working with his thoughts*. And if that happens, then his path can be one of a very different nature, *but he must be open to it*.

So does that help you see how [the energy of one unstated] thought, in this case where instead of recognizing an outcome, but simply following a thought of lust, an entire lifetime of three people are affected? And then it can go on from there. Do you see?

What one has to recognize is the responsibility of your own thoughts. So this person could at any point along his path recognize the power of the thought and make a choice to step out of fear and into expansion. And if that choice is made there will be a period of time where the habits of the old thoughts will be difficult to break, but once broken, the entire life will take on a different complexity, that of light.

So that's why we are saying simply to make a decision to not cut down trees or to put better emission equipment on a car, or to stop using gas is not going to save your planet.

Q: Why have I never experienced true love for another person?

LBs: There have been many lifetimes of isolation and study of the word but not allowing human beings to be a part of your existence. You chose this lifetime to change the pattern but you have not yet been able to break from the pattern established so many lifetimes ago. You have not yet learned to accept the feelings that can flow from one human to another, and literally have a wall that prevents your energy field from melding with another. There are many things in this lifetime that have aided in keeping the wall up, but you eventually will feel a need to grow and in that need will be the demanding of opening the heart chakra so you may experience the feeling of love for another. It may start with someone that you care for and learn to love on a deeper level, and one day you will recognize there are feelings that you do not understand and will begin to note that you see the way you are when you are with that person as different than when you are with others. Once you allow the opening for one it will become easier to open to the many. You are right in acknowledging that the fear is what is stopping the experience. You are also recognizing that the fear is rapidly dissipating and it should not be long now before you will open and understand what the feeling of love can mean in the human existence.

Q: I have experienced joy and inspiration through media such as music, movies, and sometimes children. Is this considered a form of love?

LBs: No. That is not the feeling that we are referring to as love, but is in close kinship with love. It is sometimes the way one learns to open to the deeper feeling of love and acceptance of others, through first experiencing a joyful heart by watching another do or perform in a way that vibrates and can enter the energy field without any threatening of opening to vulnerability. Love is experienced when you are willing to give completely. What you are describing is only of the receiving.

Q: Is reincarnation as I understand it, a way that each soul will eventually achieve enlightenment and, therefore, not have to return to a physical body?

LBs: Reincarnation is much more complicated than most of the information presented at this time explains. The soul has choice for learning and some souls decide the earth plane is a good place to learn about certain things such as feelings and emotions but there are other areas of experience that similar lessons can be learned. It is not determined as is presented that one only comes to the earth plane and only can learn lesson in a physical body. That is not the case. All of us are continually learning in various degrees and in various ways even if we have never entered a physical body on the earth. There are some you will eventually be in contact with that have never chosen an earth body but have experienced the flow of energy you call life in other ways. It is difficult for us to explain such an existence at this time but we will begin to make it clearer as your vibrational level reaches the point that you can connect with such entities and be able to understand at that time how other existences are possible. You are intrigued with UFOs because you believe at a deep level there are other universes that exist and are correct in your surmise. However, it is not as the aliens are presented at this time. The existence of such beings are again much more complicated than the presentation of ET your movies depicts. The beings that might visit your planet are much more evolved than most earth forms are at this present state of evolution but they also different reasons for penetrating the earth's atmosphere many times that your science fiction books relate. They are exploring much as your people in different parts of the world have explored what they considered foreign soil. Fortunately most of the so called alien visitors are more evolved and have no desire to harm the entities they are observing and have no plans for anything other than a possible aid to an individual or groups of people in the present environment.

Q: I attended a movie entitled "A Time to Kill" and experienced a good deal of emotion. Is there some significance to this?

LBs: You are presently beginning to open in a way that you have been afraid to in the past and the movie was able to help you do this in a safe way. For the next few months it would be good to expose yourself to such encounters because you will be able to feel some of the emotions and yet not be intimately involved. This is a safe way for you to begin to understand the difference between certain emotions and yet not carry them with you on a day to day basis in a real relationship. Eventually you will need to transfer this learning in relationships but you are not yet ready to make such a leap. There is still much fear attached to any deep feelings you might have and you are still suppressing such feelings. Until you feel safer you will not be able to overcome the fear factor and enter into any serious relationship of any kind because you are not willing to open and give completely of yourself because of the fears you still hold on to. In the movie you were more open to both the father's feelings but also understood a little more of what the murders were about. You did not find yourself totally condemning them because you had some understanding of where they were coming from. You are beginning to have the ability to see more of the emotional level of individuals and understand more what each might be feeling instead of shutting down and not recognizing the differences in such emotions as love and hate or even jealousy. You are definitely making progress in this area and we encourage you to work with your own feelings and allow any that you are aware of to surface and be with them instead of repressing or pretending they do not exist. You are beginning to recognize when people are not approaching you in a loving

way and are no longer willing to allow the manipulation to present itself as you once would have done. That is beginning of a long road of working with a balance of not being manipulated but also not withdrawing but openly learning to give of yourself. It is not an easy balance for the human and you will find times where you will begin to give and then feel you have been manipulated and find resentment coming to the surface. This is not unusual for someone who has never in this incarnation understood the loving and fully giving to another human. But it is the lesson you are presently engaged in learning and it is necessary for your understanding of the full range of emotions for you to connect with others and learn to love without any parameters

Q: What is the lesson I am learning with certain individuals at work with subtle power plays and attempts to undermine my job performance?

LBs: This is a much more complex question to answer than it might appear because there are reasons at several levels of your consciousness that are involved with what is happening to you in your work. You are experiencing some conflict within yourself and part of that appears to be conflicts with others are really your subconscious fighting with your ego. You feel at one level you are very capable and at another level you still feel inadequate and, therefore, project that inadequacy on to others around you. They in turn are also experiencing inadequate feelings and are projecting the same on you. The only difference is you do not allow yourself to feel or let anger surface while they tend to allow their thought patterns to become critical of others so they do not have to face the inadequacy they feel. It is a very complex web you weave when you do not recognize what is causing you to allow such insults and criticisms and do not respond other than suppressing and holding all internal. You need to be able to confront in a very loving but forceful way and once you're re able to do this you will find there will no longer be such confrontations as you are presently experiencing. The person will simply find another target that is projecting inadequacy so he can continue his game of illusion and ego.

Q: I know someone that attracts many people that seem to abuse her generosity. Why is that?

LBs: She has always had a problem with feeling she is stronger than those she deals with and can take on their burdens if necessary. What she does not yet realize is that she is taking their lessons from them and not allowing them to grow in a way that they could if she would only look at each situation where they begin to take advantage and openly say no. That is very difficult for her and she will need to learn in ways that she has not yet grasped how to be kind, considerate but firm, and not allow anyone to use her in a way that is uncomfortable for her. She feels devalued when this happens and it is part of the reason for her recent health problems. She must learn to stand up for what is right for her and understand that it will also be a much better thing for those that are abusing. She feels sorry for people and pity is not a recognizable virtue. It is a feeling on one's ego saying they are stronger and in a better position than the others. She must be careful not to let this creep into her psyche and create a karmic bond with those that are abusing. She needs to learn to become detached and look at each situation in an honest way and decide both from the heart and mind what is fair and right and proceed with detachment.

She will find it difficult at first but will also find in the future she will be a much stronger happier person for learning this lesson of being able to be the tree that stands straight and shade when someone wants to partake of the shade, but the tree does not chase down the person that does not understand what the shade can be for them.

Q: Do angels exist? What is the difference in the angels and in the Light Beings contacts? [This questions was asked in July, 1997]

Yes, there are definitely entities that you earth beings call angels. These are entities that have never spent any time in the earth bodies, but have volunteered to work with the human. The difference that is most evident in the contact you are presently making and the angels you read about is one of vibrational frequency. Most of the contacts you are working with have at some time been in an incarnation and the frequency is different than one that has never had an earth body. That does not mean one is of a higher nature nor has more ability to communicate. They are simply different vibrations. The contacts you presently are reaching are of a group that is very concerned about what is being given on the earth plane at this time in the way of truths, so-called. We would like to see more discretion among many of the earth beings and the presentations they make presented as direct channeling from higher beings. There are many entities that can connect with those capable of contacting, and making connection, that are not any more evolved than the ones that are receiving. It is necessary to recognize that a connection does not necessarily mean great truths of a higher nature. Be very careful when you decide to follow any one line of thought from such channeling. It could be of a detriment. You are presently connecting with those who are sincerely interested in bettering the position of the earth and its inhabitants, and you will not find any giving too much advice, but remain much more open to encouraging you to find the answers for yourself. We hope you will reach a point in the near future that you will be vibrationally ready to receive from a higher realm and we can then give you information of a more universal nature. At that time we will request that you use this information to encourage and open the minds of others in a way that further learnings can be advanced in a way that has not been yet accepted in your plane

Q: I saw the movie "The Rock" and it was the usual blood and guts that seem to be the attracting feature anymore. I did not realize it was such a movie or I would not have seen it. However, I think I saw it to obtain insights into the act of violence in a way I have not seen before. If I understand what we are about we are ethereal souls that have entered earth bodies to learn of emotions and of other lessons while on this planet. It seems to me that the violence in males especially is only the animal nature with the soul stepping aside and allowing that part of our being to take over. Animal is territorial and it appears to me that man is behaving as an animal, but because the brain is involved, is much more vicious. An animal will protect his territory, but with no ego attached. Man protects and then has the ego that demands recognition of that protection. Am I right in my surmise and is it ever possible for man to lay aside this part of his animal nature?

LBs: You are beginning to understand the reality of the earth plane in a way that you have heretofore avoided. That is part of the reason violence has always been so abhorrent

to you. You choose this lifetime to bring the vibrations of the earth very strong into your field by choosing much earth and fire in your astrological pattern and also you brought with you the need to be a part of the earth until you can understand better the lessons that are to be derived by understanding the acts of violence that you are presently exposed to as a mortal. You are somewhat right in assuming that much of the acts of violence themselves are coming from the part of the human that is connected to the animal instincts, but that is not the entire picture. Violence is much deeper than just protecting territories. It is an inner rage that exists in many that comes from a very early exposure to such acts either in the form of physical or mental abuse. The child is unable to defend themselves and understands at a deeper level the injustice of such acts. Even the most well intentional parent many times creates that type of scenario by doing what they think at the time is best for the child. The child in turn stores this memory with anger repressed and eventually it must release itself in some manner. In males it usually takes the negative form of war, fighting and even drugs and that ultimately destroys the very one who is angry. The female tends to be much more subtle in the show of anger and it is many times more of the psychological term passive aggressive, or even through manipulation, although there are certainly exceptions in both genders in the way the anger is eventually dispelled. Those of you that have chosen to follow the spiritual path in this incarnation have at an earlier time experienced this emotion of anger, even in this incarnation, but have learned to release most of it in a forgiving manner and move forward with your destiny pulling you toward the light. Those that cannot find the path to release ultimately will create a scenario that allows for physical release through an act such as murder or cruelty toward another. These are, of course, all subconsciously acted out and most are never aware of such inner anger that has been stored since almost inception of the seed and egg. There is not any easy answer for such acts until those that decide to bear offspring also understand the grave responsibility to express unconditional love and understanding and avoid building this resentment in their heirs. That will be the time that many more than this present decade have reached a much greater level of enlightenment. Now the only solution to your question of what can be done lies in those of you that are trying to walk the path and become more enlightened. You can begin to educate those of receptive minds and hopefully you will be able to reach enough of those minds to create the quantum leap necessary for the next generations to pull more from their God experience than from the part of their mortality that is recognized as animal nature. Actually this is not animal nature but the use of emotion in an undisciplined manner. Animals are never cruel for the sake of being cruel nor will you ever see a parent in the animal kingdom hurt an offspring through taunting or pain. You will learn much more about violence in the next few weeks because it is an issue you need to put to rest and that is not possible until you have a better understanding in of its purpose on the earth plane. It does indeed have a very good purpose. In the ultimate end it teaches unconditional love in a way that is most difficult for you to comprehend. Through the violence received and given the dance is such that both must ultimately reach a point of forgiveness of both themselves and each other and this may take many lifetimes before it is accomplished. Enough pain and hurt will ultimately cause one to seek out such an answer and begin to see the futility of the vicious cycle they have set for themselves. Eventually, as with all emotions that are misused, the full circle will require absolute inventory and the soul will decide that the pain is not worth the price and begin to slowly

experiment with love instead of fear. At that time violence will no longer play a part in their needed lessons.

Q: A friend recently did a job for someone who it appears right now is not going to pay him for his services. After considering the matter, he has decided to move on and not spend any negative energy on it any longer. Is this a good idea? He is concerned that maybe he is not respecting himself if he does. Please advise.

LBs: First he must ask himself, was he satisfied with his performance in the position or the job that he did, and if he felt that he did the best that he was capable of doing in this job, then he absolutely needs to request payment because he put the energy out as a fair exchange for energy to be received. But, rather than to be attached to the outcome, simply in a very business-like manner request payment, and then release. If the payment does not come after two or three requests, then there will be the decision whether it is worth the energy to confront at a deeper level or to simply be more discriminant the next time in choosing who you decide to exchange energy with.

Q: Why are governmental authorities so afraid of UFOs? Why do they not want to release info they have gathered on them? Is it possibly because they have a subconscious fear that a higher civilization that would only want to observe or help us and not control us makes them look lacking by comparison?

LBs: First, you must know that there is much more information that has been gathered than the general public will be made aware of for many years to come. And you also must recognize that the governments of every country spend an enormous amount of energy in trying to control those that they rule, and so if they admit to something outside of their control, they have the fear that it will create enough of either fear or lack of respect for the governments or those in control that they will lose the following that they so need. So it is not so much as you are saying, as *it is that they do not want to admit that there is anything that is beyond what they control.*

Q: Is there anything you want to say to our readers here on the web, in closing?

LBs: It is a very unusual time on your planet, a time that is giving every entity the opportunity to see around them chaos, fear, lack, separation, or total unconditional love, oneness and expansion. Either is accessible. It is simply a matter of choosing which one decides to focus on. It is the time when it is going to be made more and more clear that choices and the energy of the thought is going to be more important than it ever has been for the human on the earth plane. It is very clear through your media, whether it is TV, books, the internet or any other way of communication that most of the choices are of contraction and separation. And so it will be up to the individual now to make a decision in what way they want to spend their remaining years on the planet. And if they decide on oneness, they will find themselves moving away from many of the things that have been a part of their lives until now. They will find their lives radically changing and their choices very different from what has been made in the past. If they choose that of

separation, they will find that their lives will escalate into much more chaos, much more fear, and very great dissatisfaction. But that will be the choice to be made.

Q: Why did you say the choice is more important now than it has been for humanity in the past?

LBs: You are familiar with the old phrase thrown around for many years now, the quantum leap? What has happened now is there has been enough energy in the expansion and the contraction, the fear and the love, to create a much greater energy of both to escalate both into the direction they are heading in a much greater manner simply because of your population explosion.

If you want an analogy, it is much like the rock that starts at the top of a hill and gains speed as it descends. It is the same. And anything that you begin - after the thought, the inception, and it becomes a part of the dense planet - it will accelerate. And so the acceleration has reached a momentum now where it can no longer be ignored, no longer can both exist in the same environment well.

Thank you Light Beings until next time and further questions.

End of session.

© 2007 Joyce B. Cary. All rights reserved, except this format of the Light Beings' readings 11-11-07 may be reprinted from <http://www.askthelightsbeings.com> for personal use or sharing so long as this notice is attached. Permission is needed for any other reproduction or transmission.

