

Question: Is there anything of importance that you would like to tell the public at large at this time?

Light Beings June '09: As you are aware, your planet is going through enormous change, and each of you has a choice of which part of the planet you want to participate in; the part that is expanding and still growing and moving in a direction towards life, or joining the forces that are contracted in fear. It is of extreme importance that one makes that choice very day, because it is so easy to get caught up in the dramas that really in no way are part of your life; but you become so enmeshed in the fear, in the hype, should we say, that you forget that you can be a part of the growing and expansion. So on a daily basis one must make that choice. And that is of extreme importance today, more than it has ever been in your planet's history, because there is a definite division happening and you're going to see a completely different way of being in those that make the choice to expand and grow, while the ones that choose to live in the fear and get caught up in the dramas will find that their world is narrowing and becoming very sterile. But that is a choice made on a daily basis. So we would say to you be very conscious of what you choose to be exposed to, what you choose to think about, and how you choose to live your daily life, in what capacity, and it will be your choice every day to make that *conscious* decision. That would be our greatest recommendation for each person on the planet, to be aware of your choice.

Light Beings July '09: This is a time of great change, more than has been experienced in many centuries, but it is a change of consciousness, not as much in the way of physicality, as what is happening in the minds of the individual entity, and how the individual entity is seeing themselves as a part of the greater whole. It is time for the consciousness to recognize that there is interconnectiveness with all life on your planet, and it is connected in every thought that one allows to permeate the universe, with every action it affects others on the planet. And now is the time for that idea-that conscious idea-to either be accepted and each entity becomes fully present, or that entity is going to find life becoming more and more difficult. Those that are accepting of the interconnectedness and being conscious of their thoughts will find a flow in life and a purpose that will give them the energy and the knowledge to work through some of the physical crisis that are presently in the environment, including the economic and the environmental issues that the human entity is facing today. It will be known as the *period of consciousness and change* if the planet does remain for the next thousands of years as a place that the human species can remain.

If there is not effort by many to make these conscious changes, then the planet may find itself void of the human species. That is not necessary. If those that have been working for many years toward growth and opening to something larger than the ego, something that joins with the soul, and moves forward in the direction that is very possible now, there can be changes that move the evolution of the human species to an entirely different level, as great as when the ameba became a larger conglomeration of cells that were able to form the physical body, as great as the time when the human species developed, so it will be an entirely different way of being, where the physicality and the connection with that Greater Than the physicality is a holistic way of being. It is indeed a time of great change. And it will be a period of, perhaps, 20 years of chaos in many areas, because any part of the planet or any system or structure that is not solid in its building and consideration of the whole will eventually crumble. That is what is happening in the economic system and is happening in many of the environmental issues. The structures were not built to consider the whole, but only to benefit those few, and there it is crumbling. Intent must be pure for any structure to survive now; it is indeed a time of change.

Light Beings Nov '09: You are in a very treacherous time on your planet. There are many things that can develop and create great pockets of difficulty if your humankind does not begin to recognize thathow can we explain?

There is an energetic shift that is happening, and there is a great pull between the Dark and the Light. There is a huge group of people who are experiencing great contraction, great fear; and that is of the Dark. In the same sense, there is also a real grass roots group of people who are of the Light and experiencing expansion. But there is a great division between the two now; much greater than it has been in the past. There has always been that duality on your plane, but it has led in and out where it was difficult to always tell exactly where the Light stopped and the Dark began. That is not true anymore, there is a definite division. And so, it is going to bring a lot of pain in many cases, especially to those who are living in fear, or living in a sense of lack, or not recognizing the ability to release. There is a holding-on of the old ways of doing things, of communicating, and of having their business activities done in the same way. There's just a "stuck-ness" that is of the Dark, and that is going to fester until it creates some huge pockets of despair and destruction on your planet. And the only thing that can change that path is for those of the Light to be willing to step out and take a more proactive role in those areas that have the ability to make decisions.

So, for those that have set back and meditated in their caves, it is now time that they came out of the cave, and are able to expand their life with all of those they come in contact with. It was at one time acceptable if you were of the Light to simply go about your day-to-day life, not being too concerned about anything outside of your own area, but that no longer can be true. You are part of the Greater Grid, and so every thought and every action you make is going to affect the Whole, just as in the Dark, every action and every thought affects the Whole. So it is of great importance now that those that see how things can be different make the effort in every way they can, whether it be small, or whether it is of a larger capacity, but you can no longer ignore what needs to be done.

So, we are saying it is time that those of the Light form groups of Community and work together to move forward and to actually show a better way. And in so doing Light can destroy Darkness. There will always be a polarity, but it does not always have to be such a huge abyss between the poles.

Question 12-10-09: Once again I am having trouble sleeping. Is it because the frequencies are increasing again? Is there any truth to the comments that there is more energy coming in on the 12th? Exactly what is going on?

Light Beings: Yes, there is truth in the fact that much is changing on the planet at this time, but it is not as many are surmising. The consciousness is now rising in the many and because of the connection to all living things; it is affecting the entire planet. When one soul reaches a certain level of evolvment or has risen on the spiral to a degree that they now can stay completely in the now, it ripples through all of life and effects many who are resonating to a similar vibration. It is difficult to explain exactly how this is happening, but much is done in the sleep state. But much is also done on what you would label the unconscious and even at a deeper level. Any who incarnated in this time period recognizes the opportunity to move farther and faster on the path to expansion than ever possible before on the planet. There is much opportunity for growth at this time for any who are willing to step outside of their belief system, outside of their societal rules and tap into the Oneness that exist for all. No longer can one

hide the darkness within. It is going to manifest as external obstacles until the entity is able to see that no events are ever random but have a certain order to them that is associated with thought patterns and also with the memories held within the etheric field from other incarnations. Much can be cleared at this time, but it requires living without fear and opening to all possibility, not limiting it to what can be imagined or thought about. It is time to allow the universe to bring to you what is possible, not what you think is possible. It is a time for trust to be tested, and when we say trust we are speaking of trust in that part of your soul that has not always had a say in the way you have lived your life. Most humans have lived with the ego ruling all decisions and fear keeping one on the path most familiar. It is past the time for that kind of existence. It is time to open to the universal flow that is available to all and allow the soul to participate on an equal basis with the ego, allowing for what you might term miracles. You will begin to see manifestations at a rate that seems almost impossible and it is more important than ever before in the existence of entities on the planet to learn balance between, work, play and being quiet with the Oneness. Life will take either the path of love and expansion or fear and it will become apparent very quickly in the next few months which road each has taken. You will see many excelling ways they did not think possible and you will see many struggling just to survive, not just physically, but mentally. You will be able to recognize quickly those that have allowed the All to participate in their choices. There will be an inner peace instantly recognized whether the person is picking up your garbage or acting as a leader in your country. They will perform their daily chores much in the way they have chosen for their livelihood, but in all they touch they will either instill fear or unconditional love. It will be a time when status as seen before this time will dissipate and entities will be accepted for the total beings they are.

[End]