

Question: I heard from someone recently that when an entity incarnates 50% of the energetic influence comes from past lifetimes and 25% each from the chosen mother and father; of course there are astrological influences too. Is there any basis to these assumptions?

Light Beings: We will tell you that many times when you hear something like that, that is so precise, that they are simply guessing or have an indication; and so what we are telling you is that there are many influences that come in with an entity, and it will not be just past lives; part of it, of course, are the energies that are brought forth from a past life, that is always present in any entity that incarnates. But also, the thing that they have left out is the energy that has been a part of *between lives*, and that has been ignored; because there is much learning between lives, and that is also brought in, not in the way that is recognized, or is in memory, but is a part of the essence of that energy that enters. And of course then, yes, there are genetic influences of the parents, and those influences go back many generations so that one brings in memory, so-to-speak, of those genes as far back as, perhaps, 7 generations. So they could actually bring in some influence from, say, a great grandfather that fought in a war or a great grandmother that died in childbirth, or even a group memory that is from, again, some very traumatizing experience. So, they are correct in their idea that an entity comes in with the influence from others, but they are ignoring some of the other influences. And another influence that is great is, as you said, the astrological influences; because the life one chooses to be born into is because they want those particular influences for that lifetime. So it is a multiple kind of energies that enter into an entity when it incarnates.

Q: There are so many influences in one's pie that I suppose one has to get to know each person individually to get a feel for it.

LBs: That is correct, and if you really think in a logical way, you will recognize that you have souls that have incarnated many, many, many times, and you've got souls that have not incarnated so many times, and of course, those influences for those souls that have incarnated hundreds of times are going to bring in many more energies from those lifetimes than one that has served only a few lifetimes.

Q: Do we have anything else to add or say during this particular period?

LBs: As you know, there are many, many changes on your earth planet at this time, and there are huge vibrational shifts. Energetically, many of you are feeling a tenseness, ah, should we say a confusion, trying to understand what you are feeling, trying to understand what is happening on the planet; and it will be up to each individual to stabilize in themselves and recognize the thing they can best do for the planet is to become whole themselves and to become stable within their

own beliefs and their own physicality instead of reaching out energetically and becoming a part of the chaotic energy that surrounds so many.

So it is extremely important that one recognizes that in their own choices they can keep a serenity around them without engaging in the chaos, not that they do not care, but that they do not need to engage in those energies, and they will then be able to maintain a healthy mental and physical state.

Q: With all the chaos in the politics, how does one approach politics and engage in it without getting caught up in the chaos if they are to have a responsible influence on it?

LBs: The greatest influence they can possibly have is to be very solid in their thought processes, and not be caught up in their emotional nature. They may think they have certain belief systems, but they have not really examined those beliefs to see if they are really true and if they are for the benefit of others, because many belief systems are something one has accumulated through environment, through experience, and through bringing in from another life. And so, all emotional thoughts need to be examined carefully. And once they are dissected and looked at, and an understanding of each one is taken into their being, then they can make good decisions about what direction they can go in their political stance. And in their presentation to others, their very energy will be influential. If they can present a stable, grounded, feeling to others, then they will be able to *influence* what will determine the other person's choices. But that is the *only* thing they can do.

So to get caught up in the emotional energies that surrounds your entire planet right now; and especially in your political scene does not benefit any entity. It is up to each individual to, as we say, examine their own interpretation, and perceptions, and be *clear* that they are not pulling from something that truly is not for the benefit of others. Do you see?

Yes.

End.

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