

Question from a reader: As a caregiver, who at times has been with people when they cross over, and also having had family, friends, and even animals who have crossed over, I have discovered that whether people are in their physical bodies or have crossed over, I can sense them just by thinking of them. Recently though, a very dear disabled man who I cared for, for 12 years, crossed over and I find that I cannot sense him so clearly or easily. And my sense of loss and grief is much more than I expected, although his presence just came into the room very strongly as I am writing this.

After watching *Heaven is Real*, I saw him in a dream looking very much like the angels in the movie, but more of light; he was so bright in my dream, like looking directly at a light bulb. I wondered if I had the dream because of the movie, or if I really saw him. But seeing this site, think that the fellow was/is a light being; very bright. And reading about the egoless-ness of light beings, I thought maybe this is why I don't sense him as an individual so easily?

Anyway, I am unsettled about him, and not having the easy strong sense of him that I do of others who I loved or cared for, I wondered whether you could give me any feedback about either the fellow himself, or how I can connect with him better. When I think of opening myself up to connect with light beings I feel sort of too open or ungrounded, like it wouldn't be good for me to do this or something, so maybe that's why I don't connect with him well? Maybe he crossed over to a being on a plain that is too ungrounded for me to connect too?

I suppose I too am 'channeling', but I am not a 'channeler', nor do I seek any sort of psychic stuff. I believe the measure of spirituality is ones capacity to love, not their capacity to sense from the psychic realm, but nevertheless, those whom love me, including even sometimes animals, connect with me when they cross over. And at least once a friend of a friend who crossed over gave me messages for my friend who was still in the physical; not planned or sought after at all, it just happened. I'm really a very practical person seeking after very physical ways (gardening, sustainable energy, etc.) to help the world ease through the changes taking place and hopefully helping people see that we are not victims of economic, ecological, and social circumstances, but we can be intentional creators of it. So, I fully appreciate the practical-ness of the messages of the LB's.

Thanks —A

Light Beings: What you do when you connect with those who have transitioned into a different vibration is—with your thought processes, your own energy and connection that you had before the transition—you easily can connect with them if

the vibration has not increased to an extent that you cannot respond or resonate. And so, many times when one has crossed over it takes some time for them to be able to progress to a higher vibration, and therefore they remain in a rather static place for some time until there is, should we say, the increased awareness needed for them to be able to move to a different level.

And so you are correct in some ways by surmising that he has crossed over into a different plane. He spent many years of his life not being able to do anything that the average person can do to keep occupied and busy with their life, and so he had much contemplation time, and in that contemplation he traveled, already, to different planes. It was his way of surviving a body that did not cooperate with him. He felt somewhat, should we say, imprisoned, and that was his way of escape, was through his mind, his mental effort he was able to transcend the physical body and live in a different world much of the time. That was the reason he was able to deal with his incapacitation as well as he did. And so you are correct in that when he made the transition he did not have that long period of adjustment and of raising his vibration rate to a different plane; he was able to immediately make the transition and be able to move forward quicker than many do who never give their transition state a thought until it has happened. And so there is that time of adjustment, that time of preparedness to be in a different state.

And so that is the reason, as you say, that you were not able to immediately connect with him, because he was so busy exploring and enjoying the freedom of no physical prison, that he didn't make the effort to come back and communicate as others many times did with the bond that you had formed with them. But once you did think of him, in the writing the website, you were able to pull his energy in quick enough for him to acknowledge you and let you know he's still present, but off doing other things that are far more interesting to him than remaining in a lower vibrational state.

So he is not exactly what you would say is a 'light being' in the group that you have contacted, but all beings, once they make the transition and increase their vibration rate, are of the light. So that is why you did see the bright light. And many times as you begin to progress on your own path you will be able to see more and more of that lightness, to the point that you just won't feel the presence, but you may actually feel a breeze or you may see a shadow, or you may see a light indicating that someone is trying to make a connection with you. And if you really wanted to, you could make an even deeper connection by listening carefully within your being, and could receive information from them that might be of help to you or to others, the loved ones that might like to hear from them.

The following asked by Charles:

Q: Is there anything you would like to say to the reading public at this time?

LBs: It is a time of great change for many. And those that refuse to change, refuse to look at what is happening on the planet, are going to find themselves in a dilemma that may not be of a pleasant nature. It is time for simplification, time for looking at what is important and not important in one's life on the planet.

There is not any longer the ability to postpone what needs to be done to be able to sustain your planet with the growth it is now in. There must be more cooperation, less greediness which is ruling the planet at this time, and more concern for your fellow entities that you not only are in contact with on a daily basis, but more concern for every entity on the planet. If that does not happen within an individual they are going to find themselves in a state that will not be pleasant because one can no longer exist as a single entity that thinks only of themselves. It is time for full cooperation within the planet, within your government, within your educational facilities, within your family structures; and that is going to be difficult because it has been for the last 100 years or more, a time of, should we say, looking out for oneself.

This does not mean that one does not need to be individualized. We're not talking about communes as such, although should they have been formed in the proper way they would have worked. We are talking about individual responsibility for each entity's life being lived in such a way that it is what you would call as small a footprint as possible left on the planet.

It will not be an easy path because so much damage has already been done— so much corruption exists, so many entities are obsessed with power, obsessed with things going their way—so it will be a struggle for many to make this shift that needs to be made. One of the reasons you are seeing such a strong force in the different religious sects now, and so many are forming even new religious sects, is because no one feels they belong anywhere, and so they join forces with who they think have a similar goal or like-mind, but they are not examining closely what they are becoming a part of. And if any of those particular groups are moving forward wanting power, wanting to build something for just that group, it will not survive ultimately. This may sound like a doomsday report, but there is great possibility for change to be made quickly enough for the planet to become sustainable for all that remain on it, but it will require a lot of work, a lot of foresight, and with each individual being responsible in every way they possibly can be to sustain themselves in a more simple way.

You see, what has happened over the last several decades has been the push to make life easier through many mechanisms, and in some ways that has been possible. One does not labor from morning to night now just to exist; but what that has created is a huge vacuum because each individual when they had to labor from morning till night did not have the time to spend thinking about how to gather more, how to be more, or how to obtain the power to be over others; there were only a few on the planet that lived those kinds of thought processes. But as things became easier and there was less need of constant labor to survive, the goals became very different. And even for those now who are in countries that did not have that kind of growth, either economically or technologically, there is still not the thought processes that existed in the past of self-sustainability, cooperation and community, which is what allowed the entities on the planet to survive.

So it is much as your hundredth monkey syndrome; but just because the thought processes are not particularly advantageous to everyone [as a whole], it does not mean they have not permeated all societies on the planet. So even those that are not technologically advanced, and those that do not have the assets that some other countries do, find they still have the mentality of wanting power; and so you have wars and strife in almost every pocket of your planet. Whether it is those that use drugs to get and maintain power, or use war to gain more land, or for whatever reasons they *rationalize* as needed for them to be whole, happy and be able to sustain themselves; whatever reason, it is creating pockets of unrest everywhere; and it is because the seed that was planted many, many millennium ago that said cooperation and working together are important is no longer viable and growing.

Q: Because the universal vibration is rising, is it more likely or possible that people will reconsider the idea of working more together or being more communal?

LBs: When we say communal now, we are not necessarily meaning in the same way that communities grew many years ago, because they put invisible fences around themselves. If you were a certain sect, a certain culture, a certain group, you didn't want strangers to infiltrate; it was a protective thing that you had developed within your mind. That also has to dissipate now. You are a global economy, a global planet. No longer can you have fences. No longer can there be those barriers of culture, wealth and poverty. No longer will you be able to sustain yourselves if that continues on the path it is presently on. It does not mean you cannot be individualized or sustain yourself comfortably. It means you take responsibility and you think through your movements on the planet. And ask yourself "Is this good for the planet, is this good for people, or is it not?" That's

really what we are saying is needed, the responsibility of each individual to think about what they are giving to the planet. That is going to be very difficult for those corporations who are creating products that are not good for the planet, are not good for individual beings, because that means they are going to have to change what they produce or they will not have a viable business.

So it will take time for these kinds of thought processes to work their way across the planet, and the hardest people to impregnate with those thought processes will be those of wealth because they did not become wealthy by thinking of others. It does not mean that they have not thought of others, but that was not their main goal. So that will be the group which finds it hardest to understand the great need.

Q: And they have the most power, economically, to do something about it.

LBs: Correct, but each individual, whether they have great power or not, each individual that makes that change within themselves will affect all those they come in contact with, even for short periods of time in ways that they cannot imagine , just by being; responsibly living.

Q : Do you agree with the overwhelming scientific consensus that the carbon imprint in the atmosphere is such that if it is not dramatically reversed starting within the next 10 years it will be too late to stop the damaging consequences?

LBs: They may be off a little bit on their timing, but yes, it definitely must change.

Q: Are there any technological breakthroughs going on that could shorten the half-life of uranium waste so it wouldn't be such a danger to the planet?

LBs: There are definite answers to all of those kinds of questions, but that is not where the research and money is being put at present. Until there is recognition of the great need the answer cannot be there. But there are answers to all of the dilemmas that you find yourselves presently in on your planet if there is enough cooperation and enough bright minds move forward together. There are pieces of the puzzle in all parts of the world with your scientific masters. Should those be brought together and work in unison it would be amazing what could happen in the next few years because you now have the technology developed, and it is simply a matter of looking at realistically how to build communities, how to live sustainably with less need for the use of travel, less need for so many of what is now considered necessities.

If you look at what really is needed to live a comfortable, pleasant life on your planet, it needs a totally new way of looking at things, stripping away all present beliefs. And that will not be easy because the more one accumulates, the more they think they cannot do without. And we are not saying there is a need to do without; we are saying look at what is important. Is it more important in a family structure for both parents to be so busy accumulating that the children have no real bond with them? Is it so important that school systems have— how can we put this (?), because your educational systems need enormous renovation. The basics that are needed to build on are being dismissed; that of creativity, that of learning to think for yourself, that of using the *mind* instead of technology is being ignored. So there needs to be an entire restructuring of how your young ones are taught. And that would include becoming aware of others and how you affect them, becoming aware of how your thought processes influence your reality. And we will talk further in the future about what *is* reality because at this time on your planet what is perceived as reality is nothing but smoke.

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